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August 2015

# LOVE TO MAKE

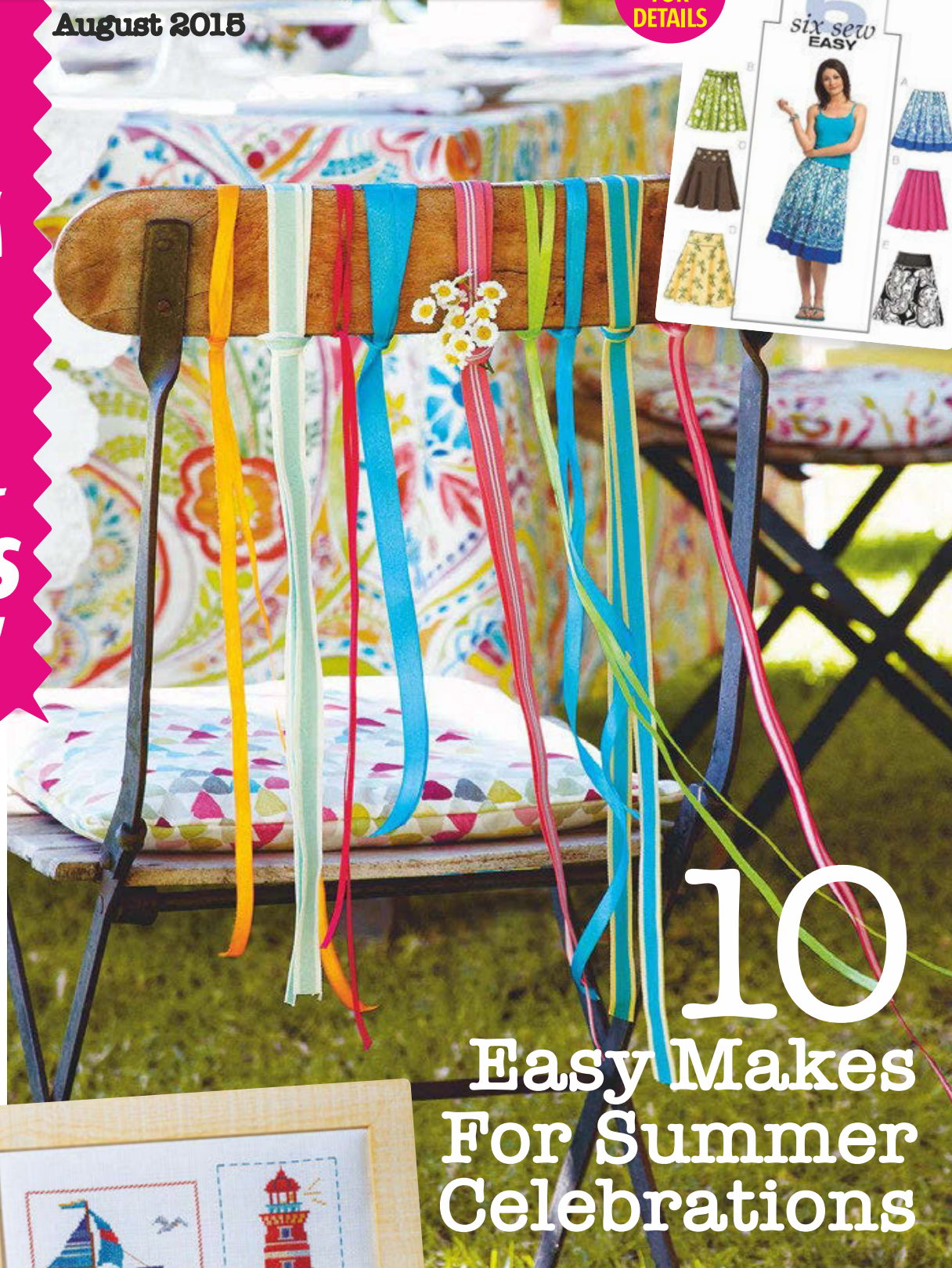
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**Easy Makes  
For Summer  
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# Hello and welcome

Suddenly the school holidays are upon us, exams are over and we wonder what happened to the first half of the year! Doesn't time fly by so fast?

If you've got little people to occupy over the summer break, then a peek at our Kids Love

To Make feature, starting on page 21, is a must. We have some inspiring creative makes that will help to fire their imagination and introduce them to the wonderful world of craft.

On page 9 you'll find our gorgeous Summer Celebrations feature that includes low-cost, fail-safe ideas for creating a beautiful setting for an outdoor party with family or friends. The only thing we can't guarantee is the weather – but fingers crossed for plenty of sunshine.

One of the things I am passionate about is passing on skills and helping people to learn something new, so I hope that you are finding our regular Know-how and Try A New Craft pages, helpful and informative. Do please write and let me know if there is anything specific that you would like to learn about and, in the meantime, turn to Over To You on page 74 to find out more about the brand-new *Woman's Weekly* online tutorials.

And finally... don't forget to turn to page 53 for this month's not-to-be-missed free pattern, a fabulous Butterick summer skirt, with six different options for you to sew, worth £8 – all you have to pay for is the postage!

Until next month, enjoy *Love To Make* and have fun crafting!



*Jane*

Jane Bolsover EDITOR

To help you with your makes we've added at-a-glance experience levels. Look out for this at the top of each 'You Will Need' section.

EASY PEASY

A BIT MORE TRICKY

HARDISH

QUITE A CHALLENGE

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So many brilliant projects for you



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p53

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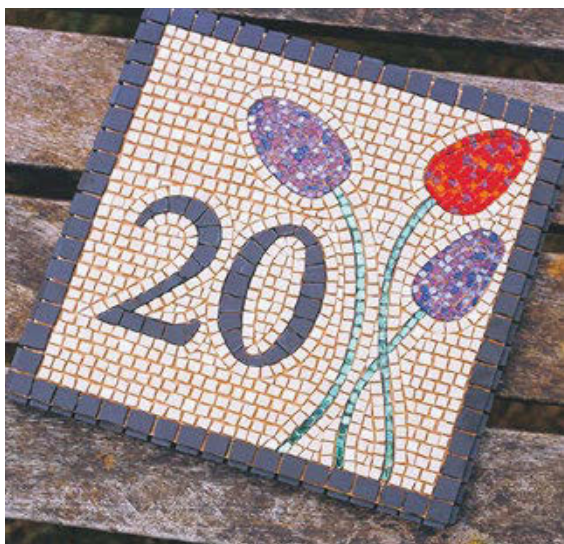
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# Now's the time... to comb the beach

Make beautiful accessories for your home with our shoreline-inspired ideas

## Mark Your Place

**These buoy-inspired place names will bring a touch of the seaside to any summer lunch or dinner party.**

Remove the top from a 100mm clear glass-style shatter-proof Christmas bauble and, using a funnel, pour some soft sand into the base, then drop in a few tiny sea shells. Without disturbing the contents, replace the top and wire loop. Entirely cover the bauble top by winding natural twine around it and gluing it in place. Leave an end loose to tie on a luggage tag and write on your guest's name.



## Seashore Tie-back

**These designer-style tie-backs look gorgeous with lightweight summer curtains.**

Plait lengths of raffia to form a length long enough to wrap around your curtain. Fold back the ends to create loops and bind in place with more raffia. Hang your tie-back in position, and then plait another length of raffia, approximately 20cm long. Knot this over the front of the tie-back, leaving equal length tails. Remove the tie-back and lay flat. Knot three loose pieces of raffia to the end of one tail and trim the ends to varying lengths. Glue the shells to the ends, using epoxy resin glue. On the remaining plaited tail, glue the tip of a starfish and bind around the glued end with more raffia to secure. Leave to dry. You can add more than one seashore decoration to your tie-back by repeating the same process, and spacing them evenly apart.





## Sand Lights

**These candles will take less than a minute to make and will look gorgeous both indoors and out.**

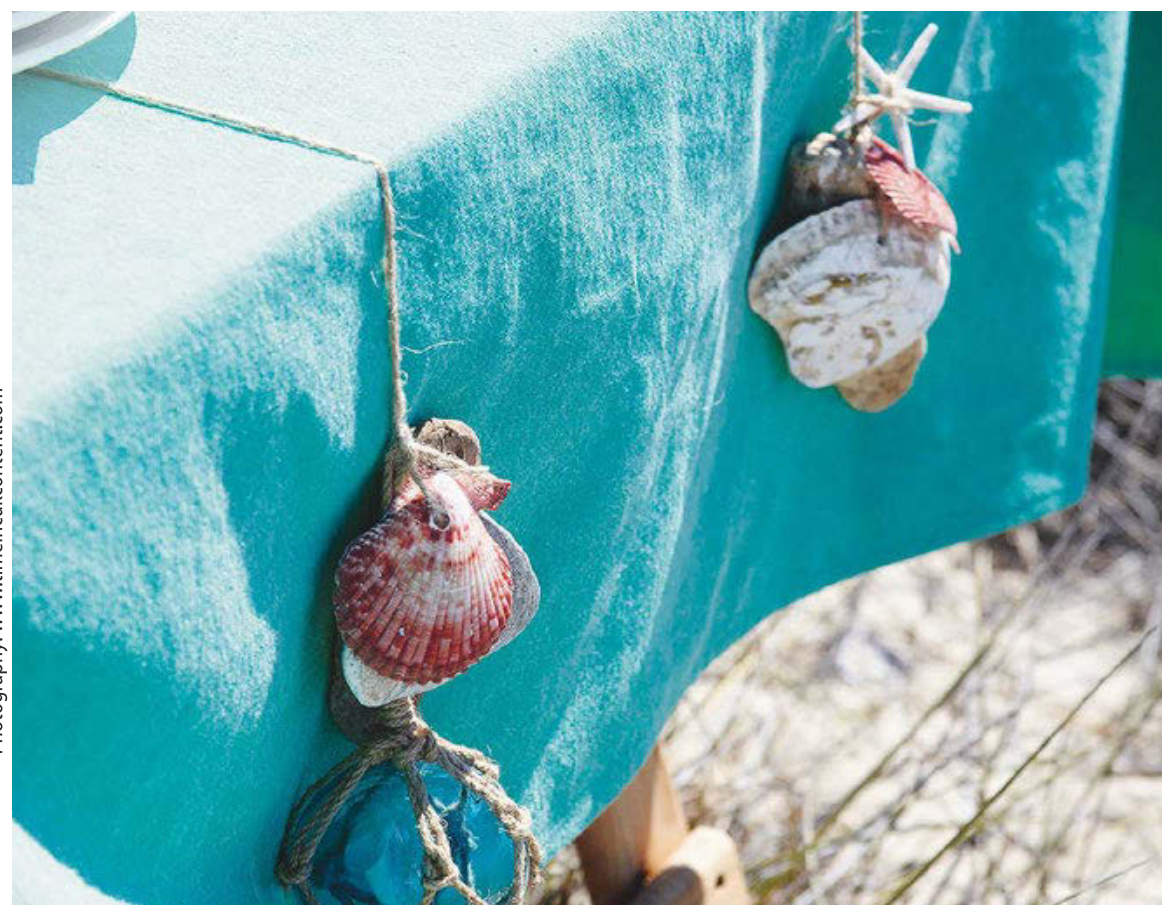
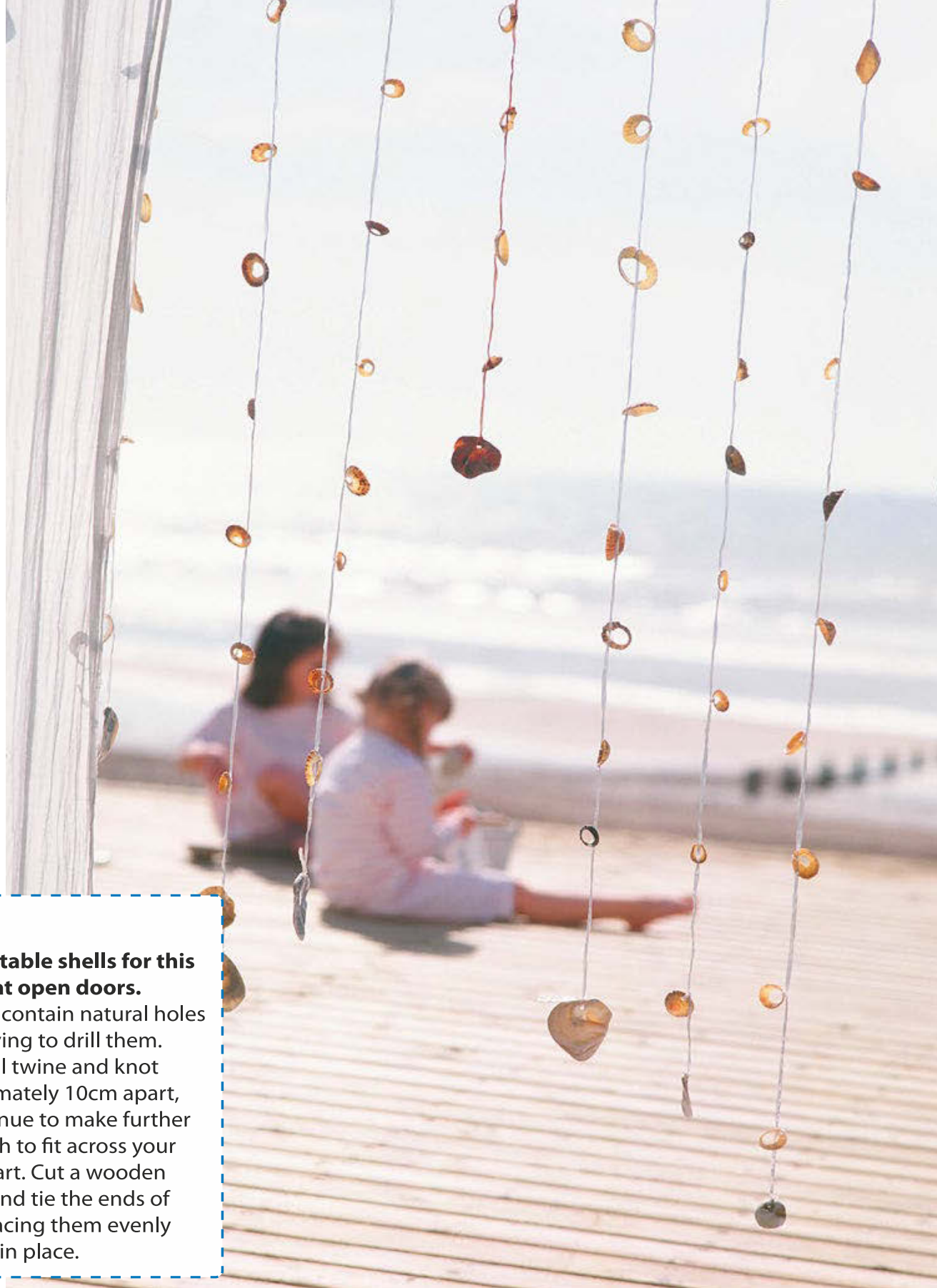
Simply place a 40mm long waxed cotton candlewick with a metal tab base in the centre of a large scallop shell. Fill the shell with soft sand and light – it's as easy as that!

**NOTE:** Never leave burning candles unattended.

## Curtain Call

**Get the children to help you gather suitable shells for this delicate curtain – perfect for hanging at open doors.**

Gather together a selection of shells that contain natural holes in the centre – this will save you from having to drill them. Thread the shells on to a length of natural twine and knot each one in place, spacing them approximately 10cm apart, until you have your desired length. Continue to make further lengths with shells, until you have enough to fit across your doorway, spacing them around 10cm apart. Cut a wooden batten to fit across the top of your door and tie the ends of each twine length around the batten, spacing them evenly apart. Drill holes in the batten and screw in place.

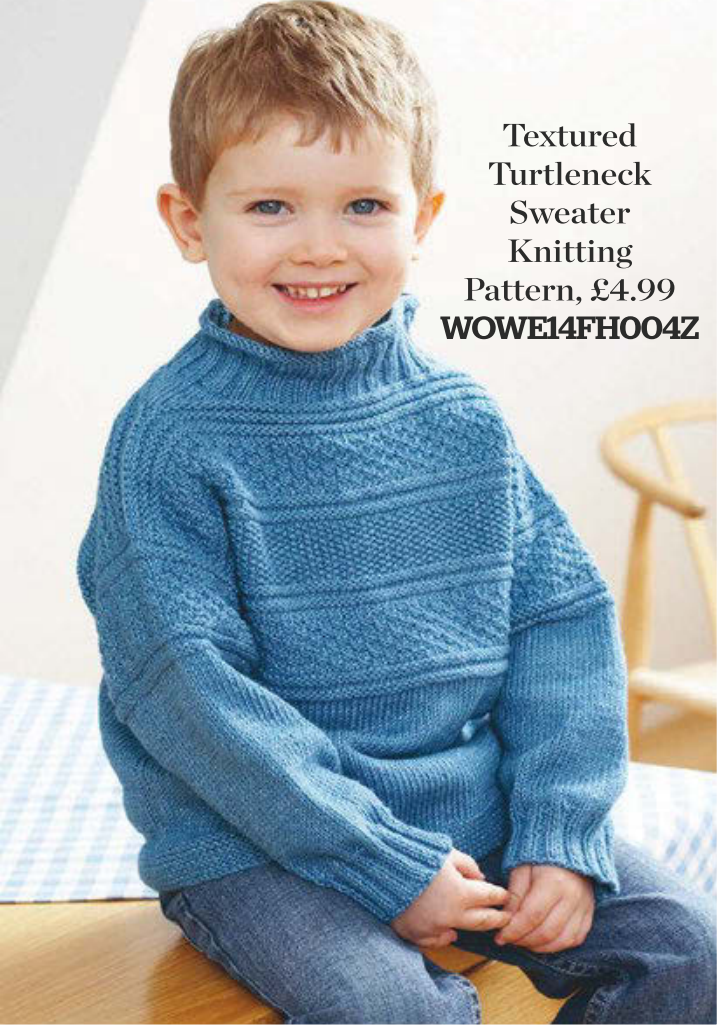


## Table Treat

**Good-looking tablecloth weights are hard to find and you can make these fabulous versions in minutes.**

Collect together an assortment of seashore finds. Divide them into six equal mixed groups and, if necessary, drill a small hole in each shell. Cut a length of natural string to fit across your table and to hang halfway down the tablecloth at each side. Thread one group of seashore finds on to more short lengths of string and tie them to one end of the long string, to form one side of the weight. Repeat with another group of seashore finds for the opposite end of the string. Create another weight in the same way for the table width and a longer one for the length. The tablecloth should now stay firmly in place.





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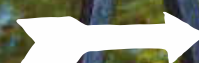


Inspirational



# Summer Celebrations

Give your summer gathering a happy holiday feel with carnival colours, folk patterns and vintage-style makes





# The Table

Create a beautiful and whimsical 'tablescape' using mismatched crockery, knives forks and spoons



- For proper balance, use one dominant colour throughout the table and complement this colour with floral plates (the older, the better), folk art pottery and coloured glassware, to bring other bright shades.
- To successfully mix and match dinnerware, you'll need to edit what you have. Gather an assortment of crockery and keep only those with complementary colours.
- When it comes to mixing crockery and fabric patterns you can't really go wrong. We like mixing up large, medium and small designs.
- Always have a centrepiece for your table – we used a beautiful tiered cake stand, full of delicious buttery topped cupcakes. See our recipe on page 13.

Photography: www.timeincukcontent.com



Glam-up old cutlery with a quick lick of paint, and make fun rosette place names from brightly coloured fabrics

## Setting Your Place

EASY PEASY

### You will need

#### FOR THE CUTLERY:

- A mishmash of old cutlery – check out house-clearance and salvage shops
- Acrylic paints in colours to match your table linen and crockery
- Paint brush
- Surgical spirit or white spirit
- Two-tone baker's twine
- Empty glass jar or tin, plus some sand

#### FOR THE ROSETTES:

- 20cm of 145cm-wide co-ordinating print cotton fabric
- 50cm of 25mm-wide co-ordinating ribbon
- Matching thread
- Circular scalloped-edged sticky labels

### Cutlery

**1** Wash your cutlery in soapy water and dry. Metal surfaces must also be degreased thoroughly with surgical or white spirit before painting, so wipe down the handles and place on some newspaper to dry.

**2** Choose one colour to paint the knives, another for the forks and a third for the spoons or, alternatively, paint them randomly. Working with one colour at a time, paint part, or the whole handle, taking care not to let the paint drip on to the part that you will eat with. Stand them, handles up, in the jar or tin to dry, filled with some sand to weigh it down and, if necessary, give them a second coat.

**3** Gather a knife, fork and spoon together for each place setting and tie together with a length of twine. Place on a crisp white napkin, laid on top of a brightly patterned plate.



## Rosettes

**1** Cut a strip of fabric 13cm wide by 75cm long and a circle of fabric 9cm in diameter for the centre. Fold the strip in half along its length, with wrong sides facing and raw edges level. Press flat and tack the long raw edges together.

**2** Starting at one end of the strip, make 1.5cm deep pleats along the tacked edge, pinning them in place close to the edge and spacing them approximately 5mm apart. The strip should start to curve round to form a circle. When you get to the end of the strip, tack the pleats in place and remove pins. Fold over the finishing end of the strip and lay it over the starting end to cover the raw edges. Pin and then slip hem stitch the edges together, see page 69 for details on how to work this stitch.

**3** Fold over the edges of the centre circle to the wrong side and iron to form a hexagon. The hexagon should cover the raw pleated edges at the centre of your rosette by at least 1cm all around. Pin in place and sew on using slip hem stitch.

**4** Cut two lengths of ribbon, 20cm and 25cm long. Place the shorter one on top of the longer length, with cut ends matching at one end. Splay them slightly apart and then hand stitch the ends to the back of the rosette. Cut a 'V' shape in the end of the ribbon tails. Optional: you can also neaten the back of your rosette by making another circle and attaching it as show in step 3, sandwiching the ribbon tails in between. To finish, write the person's name on the sticky label and stick it to the centre of the rosette.

Layer a colourful tablecloth with a pretty runner created from paper doilies



## Doily Runner

### EASY PEASY

Simply arrange white paper doilies along the length of your table alternating the designs and sizes, then carefully glue the overlapping edges together. When dry, place the runner on top of a bright floral tablecloth.

*Tip...* PAPER DOILIES ARE AVAILABLE IN A HUGE ARRAY OF COLOURS, SO FOR AN ALTERNATIVE LOOK, CREATE A COLOURED RUNNER TO SIT ON A WHITE TABLECLOTH





# Heart Tablecloth Weights

EASY PEASY

## You will need

### PER WEIGHT:

- Heart template from page 73
- Scraps of floral fabric
- 75cm of 15mm-wide co-ordinating ribbon
- Matching thread
- Two 12mm diameter buttons
- Sand
- Funnel
- Pins

## To make

**1** Trace the heart template on page 73 and cut out four heart shapes from fabric. With right sides facing, stitch the heart shapes together in pairs, taking a 6mm seam allowance and leaving an opening down one of the straighter sides for turning through.

**2** Clip into the seam allowance at the downward point at the top of each heart, taking care not to cut through the stitching. Snip into the curved seam turnings and turn the hearts right side out.



**3** Using the funnel, carefully fill each heart with sand, then fold in the seam allowances along the opening edges, pin and then slipstitch the edges closed. See page 69 for details on how to work this stitch.



The breeze will no longer be a challenge to al fresco dining with these gorgeous heart weights

**4** Fold under one end of the ribbon by 1.5cm and pin the end to the front of one heart. Stitch the ribbon to the heart using slip hem, making sure that the ribbon is securely attached, as the weight of the heart will be hanging from it. Place a button on top of the stitched ribbon end and sew in place for extra strength. Repeat with the opposite end of the ribbon, attaching it to the front of the second heart with the remaining button.

**5** Wrap the ribbon around the corner of the tablecloth and tie it into a bow. The sand-filled hearts, will keep your cloth firmly in place.

## Finishing Touch

Leave your guests a pretty parting gift by placing sugar-coated chocolate dragées wrapped in floral napkin parcels by each place setting – slip a fragrant flower head in the top as you secure it together with twine.







# Flowerly Fancies

EASY PEASY

## You will need

Makes 24

### FOR THE CUPCAKES:

- 300g (10oz) of self-raising flour
- 300g (10oz) butter, softened
- 300g (10oz) caster sugar
- 6 medium eggs
- 3tbsp rosewater or milk
- 2 x 12-hole bun trays line with pretty cupcake cases

### FOR THE BUTTER ICING:

- 250g (8oz) icing sugar
- 125g (4oz) butter softened
- 1tbsp boiling water
- Few drops of vanilla extract
- Palette knife, or piping bag and nozzle (optional)

## Making the cakes

**1** Set the oven to 180°C or Gas Mark 4. Sift the flour into a bowl. Add the butter, sugar, eggs and milk to the bowl. Beat until the mixture is smooth. Divide the mixture between the paper cases in the bun trays.

**2** Bake in the centre of the oven for 15-20 minutes, swapping the trays around after 12 minutes, so that the cakes colour evenly. When cooked they will spring back when lightly pressed. Remove the cakes from the oven, leave to cool in the tins for a few minutes, then transfer to a wire rack and



**A party favourite... bake plenty of cupcakes, topped with buttery icing and decorate with fresh flower petals**

leave to cool.

**NOTE:** These cakes are best eaten on the day they are made, but if necessary they can be stored in an airtight container for up to three days.

## Icing the cakes

**1** Sift the icing sugar into a bowl. Add the butter, boiling water and vanilla extract. Beat well, preferably using an electric mixer, until the mixture is smooth. Use the icing immediately, before it sets.

**2** You can either apply the icing to the top of your cakes using a palette knife, or alternatively use a piping bag to create a swirl effect on the top, starting in the centre and working towards the outside. To finish, sprinkle fresh rose petals on the top.

## Tips

● If you need to keep the icing, then press a layer of cling film over the surface and cover the bowl with a damp cloth. Beat the icing well before using.

● For a chocolate buttercream, mix 1 level tbsp of cocoa powder with the boiling water to make a thick paste before adding to the icing sugar. If the cocoa paste is very dry, it may be necessary to add a little more water.

● Try various edible flowers to top your cakes and make a pretty display, such as nasturtiums, pansies, phlox, primroses, jasmine or lavender.

**CAUTION:** Always take care when selecting fresh flowers to eat as some are poisonous, so only pick what you know is safe to eat!



# Sitting Pretty

Don't forget your chairs! You've created a beautiful table, so complete the look by adding vibrant, patterned seat pads and decorate the backs with one of the following brilliant ideas

## Place Name Chair Backs

EASY PEASY

### You will need

- Wooden embroidery hoops
- Floral cotton fabric
- 15mm-wide matching satin ribbon
- Three shades of co-ordinating 3mm-wide satin ribbon
- Brown luggage tag and pen
- Short length of floristry wire
- A couple of fresh flowers and foliage to match your fabric



These framed place names are so attractive that your guests will want to take them home, as a reminder of your special day!

**1** Lay the floral fabric over the smaller section of the embroidery hoop, with the wider ribbon laid over the top. Clip on the larger hoop, making sure that the top screw is parallel to your ribbon. Tighten the screw to secure the fabric and ribbon firmly in place. Using sharp scissors trim away the excess fabric and ribbon flush with the back of the frame.

**2** Make a small flower spray and bind together with the floristry wire. Twist the wire ends together to

secure and use the wire ends to attach the flowers to the ribbon. Trim the wire ends flush.

**3** Write the person's name on the luggage tag and tie on to the ribbon, hiding the knot behind the floral spray. Cut several long lengths of the narrow ribbon and thread these through the top screw. Wrap the ends around the chair back and tie in place with a bow.



## Ribbon Chair Back

EASY PEASY

### You will need

FOR ONE CHAIR:

- Long lengths of narrow ribbon in co-ordinating colours
- Fresh flowers
- Floristry wire

Another effective way to decorate chair backs is with pretty ribbon streamers. Cut long lengths of ribbon in co-ordinating bright colours and tie to the chair back. To do this, fold the ribbons in half and with the back of the chair facing you, take the folded end under and over the chair back, then thread the two tails through the loop. Pull up to secure. To complete the look, attach daisies or other fresh flowers to the centre ribbons using the floristry wire.



# Seat Pads

EASY PEASY

## You will need

FOR ONE CHAIR:

- Tracing paper
- 50cm of 145cm-wide patterned fabric
- 50cm of medium-weight polyester wadding
- Matching thread
- Co-ordinating 10mm-wide ribbon (optional)

## Making and cutting the pattern

Trace around the outer edges of your seat, marking the front and back edges on your tracing. Fold the tracing in half to make sure the sides are symmetrical, then cut out. Fold your fabric in half crosswise, right sides together with selvages level.

Place the pattern on the fabric, draw around the shape, adding a 1cm seam allowance to all sides and cut out the two layers of fabric together. Using the pattern, cut a single layer of wadding adding a 1cm seam allowance to all sides.

## How to make

**1** Place the two layers of fabric on the wadding, pin, tack and machine stitch around the side and front edges, taking a 1cm seam allowance, and leaving the back edges open, reverse stitching at each end to secure.

**2** Trim the wadding seam allowances down to 3mm all around and trim diagonally across the fabric seam allowances at the front corners. Turn the cover right side out, so the wadding is on the inside. Tuck the raw edges in along the back edge, pin and then slipstitch the edges closed (see our stitch guide on page 69 for how to work this stitch). You can add ribbon ties to the back at this stage if you wish to be able to tie your seat pad in place.

Cover chair backs and seats with beautiful print fabrics edged with bobble trims

# Bobble Trim Chair Back

EASY PEASY

## You will need

FOR ONE CHAIR:

- 50cm of 145cm-wide patterned fabric
- Matching thread
- Co-ordinating bobble trim

## Measuring and cutting out

**Chair back:** Measure the depth of your chair back and double it, then add 5cm for hems and the thickness of your chair back. Measure the width of the chair back

and add 4cm. Cut out a rectangle of fabric to these measurements.

**Ties:** Cut four straight grain strips of fabric 6cm by 25cm.

## How to make

**1** To make the ties: with wrong sides facing, press each long strip in half lengthways. Open out the strips flat again and press over the long raw edges to butt together at the first pressed line (down the centre). Refold the strip down the original press line to enclose the raw edges. Machine stitch the two long pressed edges to complete the tie, reverse stitching at each end to secure.

**2** Press under a double turned 1cm hem on all four edges of the fabric rectangle and tack in place. Pin a tie to the wrong side of the fabric at each corner, folding the cut ends under the hems. Machine stitch the hems in place, catching in the ties as you sew.

**3** Cut the bobble trim to fit the back edge of your chair back, pin in place to the wrong side of the fabric, so that the bobbles hang below the hem. Hand stitch the trim in place to the hem. To neaten the remaining ends of the ties, tie a small knot in each end or oversew by hand.



# Fun Ideas

It's a summer party so let's add some decorations and have a bit of fun!

Whatever your space – festoon with paper pompoms to create the perfect party venue

## Paper Pompoms

### A BIT MORE TRICKY

#### You will need

- Coloured tissue paper
- Floristry wire
- Scissors
- Tape measure
- Pencil
- Clear nylon thread or fine fishing wire

#### To make

**NOTE:** The following instructions will make a large pompom approximately 43cm in size, adapt measurements to create medium-sized or small pompoms.



**1** Stack 20 sheets of tissue paper together. Cut a 51 x 66cm rectangle, going through all layers of paper. Treating the 20 layers as one, start by folding up 4cm at one short end, then fold 4cm back on itself, and continue pleating up the whole length into 4cm concertina folds.



**2** Tie a 12cm length of floristry wire around the centre of the pleated tissue, twisting the ends together to secure. Leave enough room to pass some clear nylon thread through

for hanging, but still keeping the folds in place. Trim the ends of the tissue, by either cutting them into a point or curving them into petal shapes. There are lots of layers, so you may need to cut through a few layers at a time.

**3** Separate the layers, pulling the 'petals' away from the centre, one at a time, to form a dahlia-like pompom shape – see Pompom tips opposite.

Thread the nylon thread through the floristry wire and knot, leaving the end long enough for hanging.







## Petal Confetti

Confetti may usually be used for weddings, but summer petals make the best fragrant confetti, so why not scatter them around your luncheon table to release beautiful scents?

**1** Make cone shapes out of doilies, and glue the edges together. Cut narrow strips of fabric from floral remnants. Fold each strip in half and stitch a brightly coloured button to the folded end. Glue one decoration to each cone.

**2** Collect petals from around the garden and fill the cones – your children will love helping you collect them and they'll have real fun scattering them too!

## Flowers

To co-ordinate floral arrangements, use flowers with colours that complement those found in your plates and fabrics, and display them in pretty antique-style jugs or go for a simple style, using utility glass jars, decorated with ribbons.

### Pompom tips

- When pulling the first 'petals' away from the centre, make sure they are pulled away down to the centre, close to the wire, as much as possible to avoid a big gap at the middle.
- Pull gently from the centre of the pompom, not from the ends, to avoid tearing the tissue.
- Alternate from left to right and top to bottom so the petals overlap evenly at the sides to avoid any obvious gaps.

### Even more ideas:

- Tie small pompoms on to napkins with ribbon to make napkin rings
- Bunch medium-sized pompoms together to decorate the backs of chairs.







## Smile Please

Whether you're celebrating a birthday or some other special occasion, it's always great to take photos to remember the day. So for something a little bit different, create your own photo booth by hanging a selection of old frames from tree branches. Family and friends can then 'snap' each other, and choose which one they want to be 'framed' in!



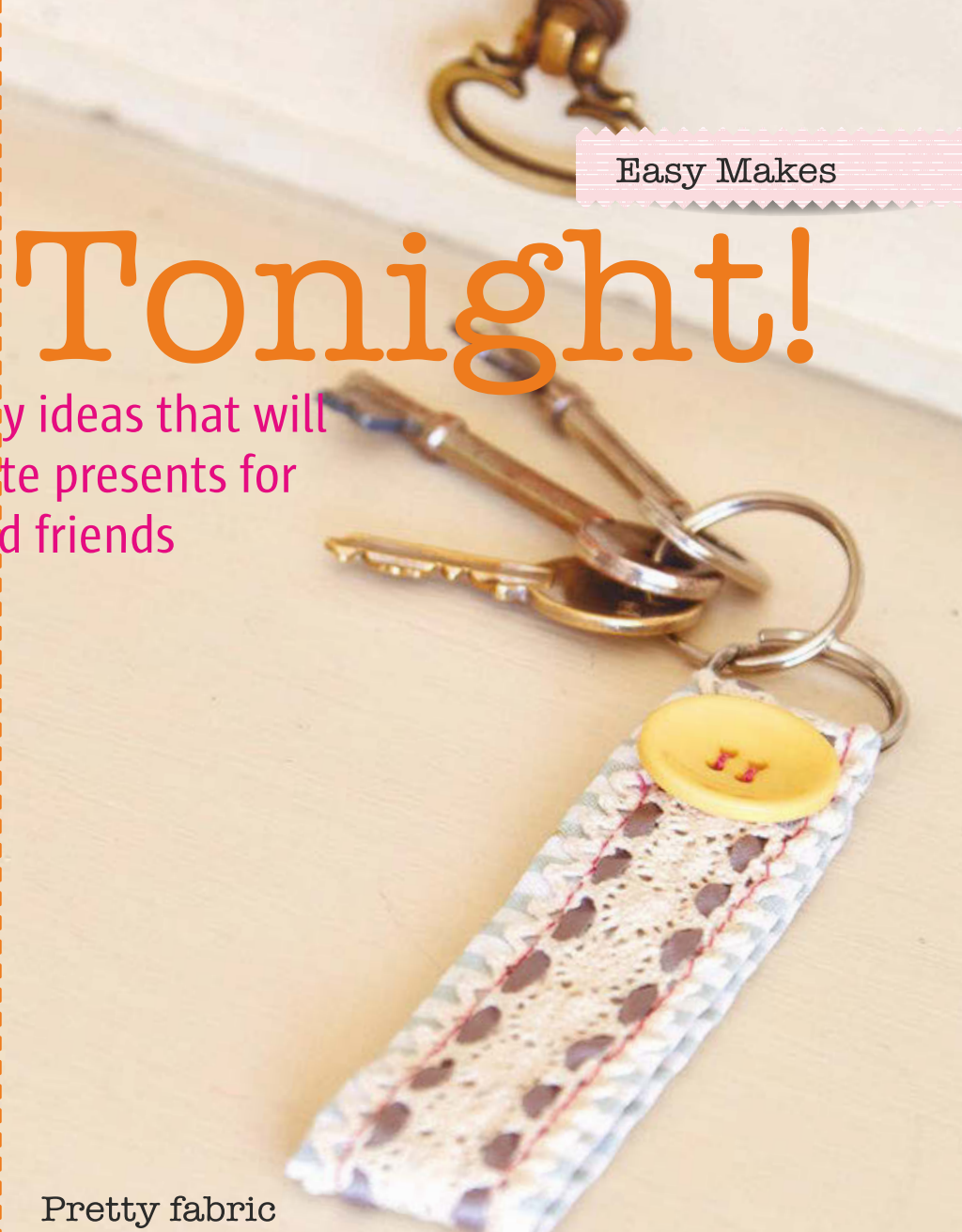


# Make It Tonight!

Four super speedy ideas that will  
make last-minute presents for  
family and friends



Message in a bottle  
necklace



Pretty fabric  
key ring



Patchwork  
bookmark



Growsy posy  
card



## Pretty Fabric Keyring

No more rummaging around in your handbag for keys with this pretty handmade keyring!



**1** Cut a straight-grain piece of fabric 28cm long by 6cm wide. Fold both long raw edges in towards the centre with right sides facing out, then with raw edges butted together. Press flat.

**2** Weave one or two pieces of narrow satin ribbon through the slotted holes in your lace, and trim the ends level with the lace.

**3** Place the lace trim over the raw centre seam on the fabric and machine stitch down each edge of the lace, through all layers, using contrasting coloured thread.

**4** Thread the metal keyring on to the strip at one end, fold the raw end over the metal ring and hand stitch to trap the ring inside. Fold under the raw end at the opposite end of the strip, bring the end up to meet the seam at the base of the metal ring and stitch to secure, enclosing all raw edges.

**5** Sew on a bright contrasting button to finish.

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### You will need

- ◆ One fat quarter of patchwork cotton fabric
- ◆ 28cm of 25mm-wide cotton lace trimming with slotted holes down the centre or each side
- ◆ 60cm of 3mm-wide contrast satin ribbon
- ◆ Contrasting sewing thread
- ◆ Metal keyring hoop
- ◆ 20mm contrasting button

## Message In A Bottle Necklace

Create a unique piece of jewellery with a memory or special phrase placed inside



### You will need

- ◆ Tiny clear bottle or vial, such as a pill bottle or perfume vial
- ◆ Button with a metal shank
- ◆ Toothpick
- ◆ Items to fill the bottle\*
- ◆ Epoxy resin glue
- ◆ Old necklace chain or leather thonging or narrow ribbon
- ◆ Jump ring

\* Tiny buttons, seashells, beads, a postage stamp, a small photograph, a line of words cut from a book or a letter are just some of the many items that could fit inside these tiny bottles and vials.

**1** Fill a clean, dry bottle with your chosen contents. If you are putting any paper inside, roll the paper very loosely around the toothpick and quickly ease it into the bottle, to unfurl. You can use the toothpick to help it along, once it's in place.

**2** Mix a small amount of epoxy resin glue and, using a toothpick, apply it evenly and sparingly to the front of the button, where contact will be made with the bottle rim. Press the button into place and let dry.

**3** Once dry, attach a jump ring to the button shank and thread on to the chain, thonging or ribbon. It's now ready to wear.

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## Growsy Posy Card

Cards like this can be expensive to buy, but cost next to nothing to make



**1** Measure out your chosen paper and cut it to size to cover the front of the card, glue in place.

**2** Take the seeds and empty them into a glassine (translucent) envelope, seal the top. Stamp your message on to a wooden plant label and cut to size. Punch a hole through the top of the glassine envelope and through the label, taking care not to split the wood.

**3** Cut a piece of green garden twine about 10cm long, fold in half, and thread it through both the envelope and label. Push the ends back through the loop to secure the two together. Trim to the desired length. Position and glue the envelope centrally on to the card front.

**Tip...** If you'd like to include sowing instructions for the seeds, create a mini envelope from floral paper, then write instructions on a piece of card to fit inside the wallet.

Photos: Ginette Chapman. Design: Suzanne Cliften, Jacqueline Linden.

### You will need

- ◆ 10.5 x 17cm white card blank and matching envelope
- ◆ Botanical print paper
- ◆ PVA glue
- ◆ Seeds of your choice
- ◆ Small glassine envelope (used by stamp collectors)
- ◆ Small wooden plant label
- ◆ Green garden twine
- ◆ Alphabet stamps
- ◆ Ink pad
- ◆ Hole punch

## Patchwork Bookmark

This project is ideal for using up all those small scraps of fabric leftover from larger makes



**1** Cut out one piece of linen 23 x 8cm for the base and one piece of linen 19 x 5cm for the back.

**2** Arrange the printed cotton fabric remnants however you wish on the linen base and, when happy with your arrangement, pin and then edgestitch into place, stitching the lower layers first and then the overlapping ones after. Trim the finished patchwork piece to 5 x 19cm.

**3** Place the back and patchworked piece together, wrong sides facing, and pin. Fold the ribbon in half and insert approximately 2cm down between the two layers at the top to form a loop. Edgestitch around all four edges of the bookmark. You can use a straight stitch, as shown, or a zigzag stitch, if you want to reduce fraying.

### You will need

- ◆ 20 x 30cm of natural-coloured linen or calico fabric
- ◆ 10 different-sized small rectangular pieces of printed cotton fabric
- ◆ 30cm of narrow picot-edged satin ribbon
- ◆ Matching sewing thread



Taken from *Zakka-Style Gifts*, by Cecilia Hanselmann (Search Press), £7.99. See page 67.



# Creative Crafts For Kids

Keep the little ones busy this summer, whatever the weather, with these fun and easy ideas





# Outdoors

## Miniature Garden

**You can make a mini garden in all sorts of containers, as long as there are some holes in the bottom and there's enough room to be creative.**

### A BIT MORE TRICKY

#### You will need

- Old shallow mixing bowl, approximately 24cm in diameter
- Gravel or small stones
- Potting compost
- Selection of alpine plants
- 36 yellow and 25 green craft lollipop sticks
- PVA glue
- Cardboard
- Short length of string
- Thin twigs or houseplant sticks
- Scrap of thin fabric
- Mini clothes pegs
- Baby sempervivums (alpine succulent)
- Moss (real or sisal)
- Cockle shell

**1** Drill or puncture five or six holes in the base of your mixing bowl. Put a layer of gravel or small stones in the bottom and add some potting compost. Place your alpine plants where you would like them to sit, allowing space for your path, shed, vegetable garden and washing line. Fill around the plants with more compost, put your bowl on a tray and give them a good watering.



**2** To make the ends of the shed, take seven yellow lollipop sticks and arrange them so they rise up to a point at the centre. Cut another stick in half to fit across the first seven. Put a dab of glue in two lines across the seven

sticks, lay the two halves of the cut stick across the lines of glue and then place something heavy on top for about 20 minutes, until the glue has set and they are firmly stuck. Repeat for the other end of the shed. To make the sides of the shed, repeat as for the ends, but line the sticks up level instead.



**3** Shorten three of the green sticks slightly with scissors, and glue them on to the front of the shed to make a door. When fully dry, push all four walls of the shed into the potting mix, towards the back of the display to form the shed.



**4** To make the roof: cut a piece of card that, when bent in half, is just larger than the top of the shed. Cut nine or ten green sticks so that they're slightly longer than one side of the card and stick them on using the glue. Repeat this for the other side, as shown.



**5** Place the card on top of the shed, bending it just enough so that it's in line with the ends. Finally, cover the join

at the apex of the roof by sticking on two sections of green sticks just slightly longer than the roof.



**6** To make the gate, take three yellow sticks and cut sections from a fourth to fit across the top and bottom, as well as diagonally across the middle. Arrange as shown and glue together. Place under something heavy for 20 minutes. When dry, gently position the gate in the potting mix at the front of the bowl, opposite the shed door.

**7** To make the washing line, tie the piece of string to one end of two thin lengths of twig or plant sticks. Push the twigs into the compost, positioning them so that the line is taut. Cut a small piece of thin fabric to hang as washing on the line and attach it with the pegs.



**8** Break small sections of twig to form the edge of the path from the gate to the shed. Fill the central section of the path with gravel, and push in some thin sticks to make pretend supports for climbing beans and place the baby sempervivums in rows to look like cabbages or lettuces in the vegetable garden.



Keep the kids entertained by creating a little garden in a bowl



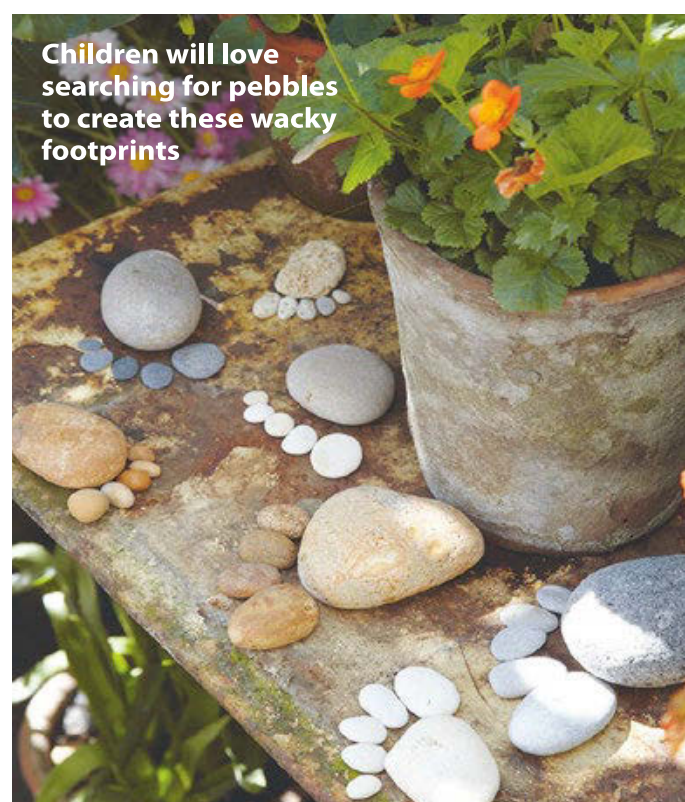
**9** To finish your project, fill any bare areas with moss to look like grass. Add an upside-down shell to form a mini birdbath or pond and carefully fill it with water.

**Tip:** You can use miniature furniture, dolls, plastic animals or toys to add interest to your garden

## Stone-age Feet

EASY PEASY

Get your children's imagination running with this fun game, collecting pebbles the right size to create stone footprints. This is a great way to amuse children on the beach and you could turn it into a competition to see who can find the best sized stones, then display them in the garden when you get home.



Children will love searching for pebbles to create these wacky footprints



# Paper Folding



You put your fingers into the holes, and open and close Paku-paku's mouth in every direction

## Paku-paku the Monster Muncher

Handed down from mother to child, there are many traditional origami makes and this is one of the simplest.

EASY PEASY

### You will need

- 15cm square sheet of origami paper for each monster
- Stick-on eyes

**Tip:** Older children can turn this idea into a fun fortune teller game – where each flap is numbered and conceals a different hand-written fortune

### How to make



**1** Fold the paper from corner to corner, open out and repeat in the other direction.



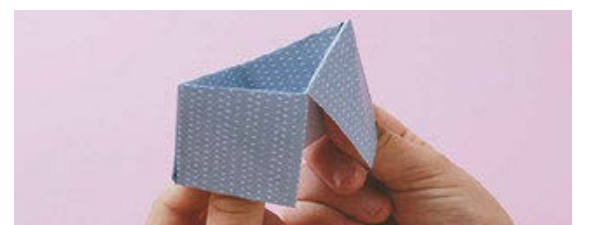
**2** Open out and fold each of the corners into the centre.



**3** Turn over and fold the corners into the centre once again.



**4** Fold the paper in half to make a rectangle.



**5** Turn over and open out by placing your fingers underneath the flaps. Decorate with stick-on eyes.



This jazzy little caterpillar  
is made from two folded  
lengths of paper

## Cheeky Caterpillar

This cute caterpillar with googly eyes  
is the perfect introduction for small  
children to the art of origami.

### EASY PEASY

#### You will need

- Two pieces of paper in two different shades of green
- Paper scissors
- Glue stick
- Green pipe cleaner
- Two googly eyes
- Black pen
- Stapler (optional)

#### How to make



**1** Cut two strips of paper (one of each colour) measuring 2.5 x 30cm. Lay the two pieces of paper flat and at right angles, with the ends overlapping. Glue the ends together then press down firmly and allow the glue to dry.



**2** When the glue is completely dry, fold one length of the paper over the other so that it lies flat at a right angle to the other. Continue folding until you have formed the pleated body of the caterpillar. Trim the ends of the paper if necessary, so they are perfectly square.



**3** Glue together the ends of the caterpillar. Press them together firmly and allow the glue to dry completely. You may find it easier to staple the ends of the caterpillar together, but remember you will be able to see the staples.



**4** Snip a couple of short pieces of pipe cleaner. Apply a dab of glue to the end of each piece and tuck inside the layers of paper at one end of the caterpillar to form the antennae. Stick the googly eyes underneath the antennae and use a pen to draw on a nose and mouth to finish.





# Modelling

## Egg-carton Insects

Another versatile and inexpensive craft essential, the egg-carton can be used to make many items, such as these long-legged ants with their huge eyes and pipe-cleaner legs.

### EASY PEASY

#### You will need

- Cardboard egg carton
- Paper scissors
- Brown paint
- Paintbrush
- Four brown pipe cleaners
- Strong/tacky glue
- Two 12mm white compressed cotton balls
- Googly eyes
- Cocktail stick or bradawl

### How to make



**1** Use scissors to cut out two sections of the egg carton. Paint the carton using brown paint and leave it to dry. You may need to apply a second coat of paint for complete coverage.



**2** Cut six equal lengths of brown pipe cleaner, each measuring

approximately 10cm long. Glue three lengths of pipe cleaner along one side of the egg-box carton at equal spaces, then repeat on the other side. Bend the legs to adjust them so that the ant can stand up easily.



**3** Paint the paper cotton balls the same brown as the ant's body and leave to dry. Glue them to the front of the ant. Now glue a pair of googly eyes on top of the paper balls and allow to dry.



**4** Use a bradawl or a cocktail stick to pierce two holes just above the eyes. Insert two lengths of pipe cleaner approximately 3cm long. These are the antennae. If necessary, apply a blob of glue to the inside of the head to hold them in place.

**Make a whole army of these giant ants and share them with friends!**





Grab some pipe cleaners and get ready for some laughter because this is going to get silly!

## Pipe Cleaner Disguises

This is a great activity for kids to do on a long car trip. Give them a collection of pipe cleaners and a mirror. They will giggle at one another as you drive.

### EASY PEASY

#### You will need

- Lots of different colours and sizes of pipe cleaners
- Glue dots or double-sided tape

### Spy Glasses

Take a pipe cleaner and make it into a spiral like a shell – you will need two. When finished, push the centre of the spirals out to create a sort of cone. Attach the cones to the centre of glasses formed from pipe cleaners.

### Antennae

Get your bug on! Create antennae and pretend to be an insect... or an alien. Use a couple of pipe cleaners to create a headband. Add antennae. You could make the antennae from spirals or curling the ends of them.

Other pipe cleaner accessories you can make: ● Swords ● Hats ● Moustaches ● Cat whiskers ● Bushy eyebrows ● Flowers

### Modifications for younger children

Instead of having your children make or wear the disguises, print out a large picture of their face. Have your children 'try on' the disguises on their picture.

### Modifications for older children

Have one child make the disguise for another child. Pick a character (e.g. a rock star, a small animal, a circus performer, etc.) and try to imagine disguises that they would use or that would define them. Become the character.

**Tip:** Worried about the ends of the pipe cleaners poking children's eyes? Just fold the sharp end in and twist it inside itself. Your pipe cleaner should now be blunted and safer for small tots to enjoy



Taken from *101 Kid's Activities*, by Holly Homer & Rachel Miller of [kidsactivitiesblog.com](http://kidsactivitiesblog.com) (Page Street Publishing Co.), £14.99. Available from online bookshops.



# Fashion Makes

## Hair Candy

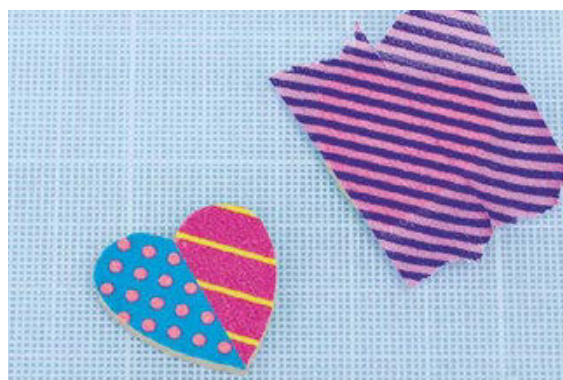
Little girls will love to use colourful washi tape to create these cute hairgrips – stick to simple outlines for the wooden shapes to avoid frustration.

A BIT MORE TRICKY

### You will need

- Wooden shapes, approximately 2–2.5cm
- Washi tape
- Scissors
- Découpage glue
- Paintbrush
- Hairgrips with glue pads
- Jewellery glue

### How to make



**1** Apply washi tape to the front of your wooden shapes. You can stick with one design only or try mixing and matching different patterns. Carefully cut the excess tape from around the edges, allowing the edge of the wooden shape to guide your scissors.



**2** Wrap a piece of washi tape around the outside edge of the wooden shape. For cleaner finishing, snip the overhanging tape every 3mm. Fold on to the back of the shape. **NOTE:** Adding tape to the sides of the shape can be a bit tricky, so feel free to skip it if you find it too fiddly. The hair clips are just as cute without!



There's no such thing as a bad hair day when you've got lovely hair clips to adorn your locks



**3** Apply a coat of découpage glue to the front and sides of your shape with a paintbrush. When it is thoroughly dry, flip it over and apply a coat to the back, ensuring that the tape edges stay stuck down.

**4** Once the découpage glue is dry, it's time to glue your shape to the hairgrip. Apply a small amount of jewellery glue to the glue pad on the hairgrip and then stick it in place on the



centre back of your wooden shape. Allow to dry thoroughly (for up to 24 hours) before wearing.



Taken from *Washi Style – Make It With Paper Tape*, by Marisa Edghill (Search Press), £9.99. See page 67.



# Cool Shoes

Get children to express their own style by personalising their plimsolls.

A BIT MORE TRICKY

## You will need

- Template from page 70
- Plain canvas plimsolls
- Permanent fabric markers in 3-5 different colours
- Pencil or fade-away marker pen
- Cardboard or heavy paper

## How to make

**1** Start with clean plimsolls, they don't have to be new – just wipe them down with a damp cloth and a little bit of soap and water, or throw them in the washing machine and a not-too-hot dryer. Remove the laces.



**2** Trace the chevron pattern on page 70 on to cardboard or heavy paper and cut out. Then, trace the chevron stripes on to your plimsoll using a pencil or fade-away marker pen. You can do just the tips or the entire plimsoll. Move the pattern over and match up the line if you need to cover a longer area. Move the pattern up or down if you need to draw

Design your own plimsolls with brightly coloured marker pens

a second line to colour within. (You may not need a second line if you use wide-tipped markers. Just make your stripes the width of the marker's tip.)



**3** Using the fabric markers, colour in the design, trying to stay within the lines.

**Tip:** Because you are using permanent markers for this project, we suggest covering the table or surface that you are working on with newspaper or craft paper

## Style it!

- Swap the laces for fun, colourful laces, or ribbons, or use lace trimmings.
- String a few beads on the shoelaces for even more fun.
- Use the free-hand approach and draw your own designs in pencil and then colour them in with the markers. You can draw hearts, flowers or write your name – whatever feels right for your creative style.



Taken from *Girl's Guide to DIY Fashion*, by Rachel Low (FunStitch Studio), £14.99. See page 67.

# Water Bottle Bangles

These bangles are made from recycled water bottles and can be adapted into a ring toy too!

EASY PEASY

## You will need

(To make two or three bangles)

- Empty water bottle
- Colourful permanent markers
- Scissors

## How to make

Decorate the empty water bottle with markers. You can use the indented rings in many commercial water bottles to create colour stripes and blocks. Using scissors cut the water bottle into two or three 7.5cm-wide rings.

## Modifications for younger children

If little arms are too small for wearing bracelets, this project makes the perfect size ring toy. Check scissor-cut areas for any sharp or rough edges and smooth with sandpaper or cover with a durable tape.

## For older children

Kids can design their own bracelets of different widths and decorations for their own fashion statement.



Taken from *101 Kid's Activities*, by Holly Homer & Rachel Miller of kidsactivitiesblog.com (Page Street Publishing Co.), £14.99. Available from online bookshops.

This brilliant DIY bracelet requires no special materials and the final project looks great



# Nautical Knits



Sailor Tunic Knitting Pattern, £3.99  
**WOWE14GH000A**



Nautical Boy's Jumper Knitting Pattern,  
£3.99 **WOWE14GH000Q**



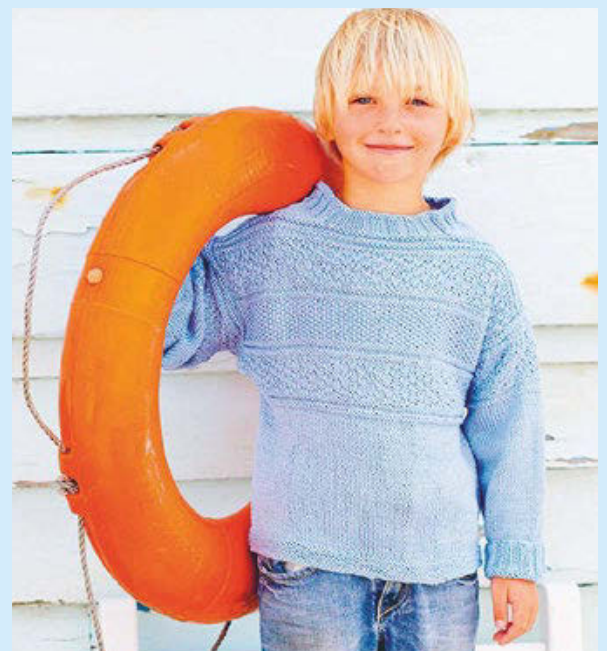
Lace Knit Cardigan Knitting Pattern,  
£3.99 **WOWE14GD0002**



Longline Belted Jacket Knitting Pattern,  
£2.99 **WOWE14FH004C**



Lavender Sachets Knitting Pattern, £1.99  
**WOWE14GI0002**



Detailed Jumper Knitting Pattern, £2.99  
**WOWE14GD0008**



Flower Top Knitting Pattern, £2.99  
**WOWE14GD0007**



Union Jack Jumpers Knitting Patterns,  
£2.99 **WOWE14FH0063**



Lighthouse Crochet Pattern, £2.99  
**WOWE14GH0008**

**Each pattern will be printed on A4 card and delivered to your door**



# PRINTED PATTERNS BY POST



Sea Creatures Knitting and Crochet Pattern, £1.99 **WOWE14GH0005**



Sailor Doll Toy Knitting Pattern, £2.99 **WOWE14FH009E**



Nautical Sweater Knitting Pattern, £2.99 **WOWE14GH000T**



Picnic Basket Cover Knitting Pattern, £2.99 **WOWE14GD0006**



Camper Van Knitting Pattern, £2.99 **WOWE14GH0004**



Seaside Bunting Crochet Pattern, £2.99 **WOWE14GI0005**



For more patterns, visit [womansweekly.com/patterncollections](http://womansweekly.com/patterncollections)

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WOWE14GH000Q	Nautical Boy's Jumper Knitting Pattern	£3.99		
WOWE14GD0002	Lace Knit Cardigan Knitting Pattern	£3.99		
WOWE14FH004C	Longline Belted Jacket Knitting Pattern	£2.99		
WOWE14GI0002	Lavender Sachets Knitting Pattern	£1.99		
WOWE14GD0008	Detailed Jumper Knitting Pattern	£2.99		
WOWE14GD0007	Flower Top Knitting Pattern	£2.99		
WOWE14FH0063	Union Jack Jumpers Knitting Patterns	£2.99		
WOWE14GH0008	Lighthouse Crochet Pattern	£2.99		
WOWE14GH0005	Sea Creatures Knitting and Crochet Pattern	£1.99		
WOWE14FH009E	Sailor Doll Toy Knitting Pattern	£2.99		
WOWE14GH000T	Nautical Sweater Knitting Pattern	£2.99		
WOWE14GD0006	Picnic Basket Cover Knitting Pattern	£2.99		
WOWE14GH0004	Camper Van Knitting Pattern	£2.99		
WOWE14GI0005	Seaside Bunting Crochet Pattern	£2.99		
		P&P	£0.99	
		Grand Total	£	

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# Mosaic

Mosaic is the ancient technique of creating images using small pieces of tile, coloured glass, stone and other materials – this plaque is the perfect project for those new to mosaic, and want to have a go

## GETTING STARTED

### Cutting guide

**Note:** Always wear protective goggles to protect your eyes.

**W**hen you first start to cut mosaic tiles, you're likely to end up with quite a few misshapen or broken pieces, but no worries, it happens to everyone, and with time and practice, your cutting skills will improve. To get the best results when cutting with tile nippers there are a few simple rules to remember...



- Make sure your tile nippers are sharp. The sharper the tool, the better the cut.
- When holding the tile nippers, keep your hands at the bottom of the handles, with the cutting edge turned towards you. You'll find some tiles almost impossible to cut if you hold the nippers too high up the handle. The tool's power relies on leverage, and the higher up the handles you hold the tool, the less cutting power you generate.
- Always cut in a safe manner and be aware of other people around you. When cutting a tile in half or in quarters, hold the tile with your free hand to give you complete control, stopping any pieces flying off. Never divide tiles by squeezing the nippers with both hands as this can allow slivers of glass or ceramic to fly off in all directions. Instead, whenever

possible, hold both sides of the tile as you cut it. If you're nibbling out a delicate shape and it's impossible to hold both sides of the tile, stand up and make the cut at around knee height.

- To divide a tile in half, position tile nippers over the centre of the tile, with an overlap of about 3mm, and cut. If the nippers are positioned more than 6mm over the tile, it will be much harder to develop enough controlled energy to cut the tiles cleanly.
- To achieve precision cuts with the ceramic tiles, draw the exact shape you need on to the tile in pencil (the marks will wash away). Glass tiles require you to work by eye and may splinter slightly. As you practise and get a feel for the nippers, start using every edge of the blades to cut different shapes in your tiles.

## Perfect grouting

**Once the tiles are stuck in place, you will need to finish the mosaic by grouting in-between the tiles**

**1** First check the width of the gaps on your mosaic: if they exceed 3mm you will need to use a sanded grout, which will increase the durability of the mosaic and prevent it from cracking. Mix the required amount following the manufacturer's instructions.

**2** Use either a squeegee or your hands to spread the grout over your mosaic. Go over the same area several times to ensure the grout has penetrated to the entire depth. Make sure that the most vulnerable tiles around the edge have been surrounded. When all the gaps are filled, remove the excess grout using the side of your thumb (take care around the sharp edges), clear away as much grout as possible from the tile surface and leave for a few minutes.

**3** Measure progress by running your finger over a section of the grout: if it is still liquid, wait. If it comes away in a powdery form, clean the mosaic with a dry cloth and, if it has begun to set, loosen it up with a damp cloth. Any



residue smeared over the tiles from the gaps will be removed by the next clean.

**4** Allow the grout to continue drying for a few minutes and repeat the cleaning with a damp cloth. Again, don't rush – leave the mosaic to sit between cleanings. Let it dry thoroughly and then dust with a dry cloth. Later, clean off any residue on the tiles with hydrochloric acid, if necessary.

## Grouting tips

- Like most techniques, the key to successful grouting is practice. It takes time and care.
- Timing is crucial. Don't leave grout on the mosaic too long or it will be impossible to remove from the tiles, but don't clean off too much, too soon as washing most of the grout away will weaken the piece.
- The setting time depends on both the grout and surface. For example, grout on a terracotta pot will dry quickly, while a white grout will dry more slowly than a grey one. Grout usually takes around 2 hours to dry completely, but for outdoor use, let it cure for about 2–3 days before displaying outside.



# Making A Mosaic Number Plaque

HARDISH

## You will need

- Templates on page 70
- 23cm square of plywood
- 52 black ceramic mosaic tiles
- 70 off-white ceramic mosaic tiles
- Five white ceramic mosaic tiles
- 12 assorted purple glass mosaic tiles
- Six assorted red and orange glass mosaic tiles
- 15 green glass mosaic tiles
- PVA glue
- Tile nippers
- Exterior-grade wood glue
- Waterproof grout
- Hydrochloric acid (if needed)

**Note:** Mosaic tile sizes may vary, but most unglazed tiles measure around 22mm square.

## To make



**1** Using the templates on page 70, and the photograph as a guide, draw out the design with your house number or name and tulips in pencil on to the plywood square. Once you are happy with the positioning, go over the design with the permanent marker, before sealing the wood. To do this, paint over the surface with a mixture of one part PVA glue to three parts water, leave to dry.



**2** Cut 40 of the black tiles into quarters (roughly 6mm square) and stick them around the outer edge and sides of the plywood square using wood glue, leaving a small gap between each one. Cut the glass tiles for the tulip design into very small pieces, roughly 1.5mm – though they can be slightly larger.



**3** Begin by gluing a ring of glass tiles around the outside of the flower and continue to the centre of the tulip. Cut the green tiles into rectangles of the same size and glue them along the stalk. Repeat for each flower.

**4** To get the exact shaped pieces needed for the numbers, arrange black tiles on your templates and using a pencil draw where you need to cut each one to fit the shapes, making the angles as regular as possible. Cut and glue in place.



**5** Cut the white and off-white tiles into 3mm square pieces. Lay them down as evenly as possible around the outside edges of the tulips and numbers, cutting and shaping where necessary, glue in place. Fill and glue in the rest of the background with horizontal lines of white tiles, leave to dry and then finish with waterproof grouting, see Perfect grouting, opposite.

**Tip...** Use broken pots or china – this is the cheapest material to use for mosaics. Scan charity shops or ask tile shops for any broken tiles you could buy cheaply



# The Call Of The Sea

Add a touch of seaside charm around your home with these evocative maritime motifs. Work them in simple cross-stitch, either as individual projects or work them together, to make a stunning picture

## A BIT MORE TRICKY

### You will need

#### FOR THE PICTURE:

- 14-count Aida fabric: 40 x 45cm
- DMC stranded cotton embroidery threads, one skein of each: 317 Medium Grey, 318 Light Grey, 321 Deep Red, 334 Medium Blue, 349 Red, 415 Pale Grey, 433 Mid Brown, 518 Deep Aqua, 564 Pale Green, 597 Mid Aqua, 598 Light Aqua, 729 Mid Gold, 738 Honey, 741 Orange, 758 Flesh, 793 Mid Blue, 797 Dark Royal Blue, 822 Light Stone, 922 Burnt Orange, 3760 Dark Sea Blue, 3761 Pale Blue, 3776 Medium Burnt Orange.
- Crewel needle size 24
- A frame with an aperture at least 25 x 30cm, or 30cm square
- Strong topstitching thread

#### FOR THE CARDS:

- 14-count Aida fabric: 25 x 25cm for each card
- DMC stranded cotton embroidery thread: one skein of each of the following shades:  
**Boat:** 318 Light Grey, 334 Medium Blue, 321 Deep Red, 349 Red, 415 Pale Grey, 433 Mid Brown, 518 Deep Aqua, 597 Mid Aqua, 729 Mid Gold, 738 Honey, 793 Mid Blue, 797 Dark Royal Blue, 822 Light

Stone, 922 Burnt Orange, 3760 Dark Sea Blue, 3761 Pale Blue. **Seagull:** 317 Medium Grey, 318 Light Grey, 415 Pale Grey, 433 Mid Brown, 729 Mid Gold, 738 Honey, 797 Dark Royal Blue, 822 Light Stone, 922 Burnt Orange, 3761 Pale Blue, 3776 Medium Burnt Orange.

- Crewel needle size 24
- Card blanks, with or without apertures
- 16cm square of self-adhesive card (optional)
- Blue and red papers (optional)
- Glue or narrow double-sided tape

#### FOR FISH BOX:

- 11-count Aida fabric: 25 x 20cm
- DMC stranded cotton embroidery threads, one skein of each: 317 Medium Grey, 321 Deep Red, 334 Medium Blue, 433 Mid Brown, 518 Deep Aqua, 564 Pale Green, 729 Mid Gold, 738 Honey, 741 Orange, 758 Flesh, 793 Mid Blue, 797 Dark Royal Blue, 822 Light Stone, 3760 Dark Sea Blue, 3761 Pale Blue.
- Crewel needle size 24
- Wooden box with a 12 x 18cm aperture

**Picture:** Finished size of worked area 26 x 25cm

**Seagull card:** Worked design area approximately 11 x 12cm

**Boat card:** Worked design area approximately 12 x 13cm

**Fish box:** Worked design area approximately 12 x 10cm



### Working the picture

**1** Mark the centre of your fabric lengthways and widthways with two lines of tacking stitches worked through a row of holes.

**2** The design is worked in cross-stitch and backstitch. See our stitch guide on page 68 for how to work the individual stitches. If you are a beginner, practise the stitches first on some spare Aida fabric.

**3** The chart on page 71 shows the complete design for our picture. Each coloured square with a symbol represents one cross-stitch worked over one square of fabric, the solid lines represent backstitching. The key with the chart indicates the colour of thread used. The centre of the design is marked by arrowed lines that cross, which match the tacking threads on your fabric.

*Tip...* ENLARGE THE CHART ON A COLOUR PHOTOCOPIER TO MAKE IT EASIER TO READ







**4** Counting out from the centre, where the two tacking lines cross, work the stitches individually or in rows, according to the design, following the stitch chart and key. Use two strands of the six-stranded thread for cross-stitches and one strand for backstitching throughout. Work the small seagull's eyes with a French knot in grey.

**5** When the stitching is complete, remove the tacking threads, then press lightly on the wrong side under a damp cloth, taking care not to flatten the stitches.

## To frame the picture

**1** Remove the backing board from the frame. Centre the embroidery on the backing board and use dressmakers' pins along the top edge to secure. Pull the fabric firmly over the lower edge and secure with more pins. Use strong topstitching thread to lace the fabric edges from top to bottom.

**2** Repeat the pinning with the side edges, pulling the fabric firmly until taut. Tuck under the surplus fabric in at corners and then lace from side to side. Remove pins and replace the backing board in picture frame.

## Going solo

Any of the picture motifs can be worked individually, or paired up, to make smaller pictures, greetings cards, box-top lids or whatever you choose. Simply outline your chosen section on the chart and mark the central vertical and horizontal lines. These will align with the central tacking threads on your fabric.

**Tip...** A SMALL EMBROIDERY HOOP WILL MAKE STITCHING EASIER

### Fish box

Begin working near the centre, counting out from where lines cross. Omit or vary the outline 'frame' as required, perhaps making it a square. You can also vary the size of the design by using Aida in different counts – 14-count has 14 blocks of thread to the inch, 11-count has 11 (so the design will come out larger), as we have with the fish. The choice is yours.



### Seagull card

Work the motif as for the large picture (see chart and key on page 71). When complete, press, then stick to the inside of a card blank with a suitable size aperture, using either fabric glue or double-sided sticky tape.



### Boat card

Work the motif as for the seagull, then mount the boat embroidery on to the self-adhesive card, trimming the raw edges flush with the card. Stick the card to a square of red paper, glued to a slightly larger square of blue paper, before sticking to the front of a card blank.





# Personalised Bowls

Easy Make

Doodle, write and scribble with ceramic pens to turn plain white bowls into stylish tableware



## You will need

- Small white bowls
- Surgical or white spirit
- Regular tipped water-based non-toxic ceramic pens
- Domestic oven
- Felt pens and paper

**1** Wipe over the bowls with surgical or white spirit to degrease them, then wash thoroughly in hot soapy water and dry, before painting.

**2** Practise your design on paper before you start – you can draw zigzags, dots, lines or crosses – the choice is yours. When happy, draw the design of your choice on to the bowls using the ceramic pens. If you make a mistake, you can simply wash the paint off before it dries.

**3** Leave the bowls to dry for 4 hours before baking: to do this, place them in a cold oven, set at 150°C (300°F) Gas Mark 2. Once the temperature is reached, bake for a further 35 minutes, then leave to cool down in the closed oven. The bowls are now dishwasher safe and ready to use.



# Join us – New Make In Exeter, Glasgow, Bir

## OUR EXPERTS



Jane Bolsover, Editor of  
*Love to Make* and author



WW's Esme Clemo,  
Deputy Craft Editor

**C**ome and join our popular Make and Take workshops! For the first time we will be out and about at venues around the UK in Exeter, Glasgow, Birmingham and London. These day-long workshops will help you learn new sewing skills or improve your existing ones and at the end of the day you get to take home a fabulous make.

These workshops will be held at selected craft shows around the country and by attending one of our workshops you also get a FREE ticket so you can enjoy the rest of the show on another day. We would love you to come along and join us!

These Sewing Make and Take workshops will be led by Jane Bolsover, Editor of our monthly craft magazine *Love to Make with Woman's Weekly*, she will be assisted by Esme Clemo from the *Woman's Weekly* Craft team.

The workshops are open to anyone who has a basic knowledge of using a sewing machine and wants to build their confidence in a friendly and supportive environment.

At each workshop you will be learning how to follow and cut out patterns, follow pattern instructions, handle and cut fabric correctly, and overall, you will be increasing your confidence and expertise with sewing. All the workshops run from 10.30am to 4.30pm.



The McCall Pattern Company

## Sewing Workshops in association with

### The Cushion Covers Workshop

**Exeter** Thursday 24 September  
**Glasgow** Thursday 22 October  
**Birmingham** Thursday 5 November  
**London ExCel** Thursday 19 November

This workshop is suitable for all abilities. During the day you will be fitting a zip and stitching a flange. The fabric supplied will be a cotton print.



**For  
more info  
on all our  
workshops, see  
womansweekly.  
com/events**

### The Wrap Skirt Workshop

**Exeter** Friday 25 September  
**Glasgow** Friday 23 October  
**Birmingham** Friday 6 November  
**London ExCel** Friday 20 November

This workshop is suitable for all abilities. During the day you will learn how to measure yourself, fit a waistband, tie and side pockets. The fabric supplied will be cotton or cotton blend plain or cotton print.



### To Book Your Place By Phone

MasterCard, Visa or Maestro cardholders can book a workshop on

**0800 024 1212\***

\*Lines open Monday to Friday, 10am-4pm, but closed bank holidays. Call charges from mobiles and non-BT landlines may vary.

### Use the coupon

Complete the coupon. Payment may be made by cheque (with your name, address on the back of the cheque, please), crossed and made payable to **Woman's Weekly Shop**

**To find out more about other events and workshops visit  
womansweekly.com/events**

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**TERMS AND CONDITIONS** Your place will be confirmed by letter. Tickets will be allocated on a first-come, first-served basis. *Woman's Weekly* has the right to change the itinerary of the day. Please note, tickets to these events are non-refundable, unless an event is cancelled or postponed. A guest-list policy will be in operation at the events. Shortly after purchasing tickets, you will receive confirmation: this is your ticket to the event, so please retain it for future reference. You will also get a ticket to the Show organised and managed by ICHF. You will need to have used a sewing machine before and have a basic skill level.



# Make & Take Workshops

## Birmingham and London

### The McCall Pattern Company

#### The Tote Bag Workshop

**Exeter** Saturday 26 September  
**Glasgow** Saturday 24 October  
**Birmingham** Saturday 7 November  
**London ExCel** Saturday 21 November

This is an easy make and includes stitching on a pocket and a press stud. The fabric supplied will be a strong fabric such as denim, twill or upholstery fabric.



#### Table Runner, Place Mat And Napkin Workshop

**Exeter** Sunday 27 September  
**Glasgow** Sunday 25 October  
**Birmingham** Sunday 8 November

A simple make that will include using lining, making a flange and a mitred corner. The fabric supplied will be cotton or cotton blend plain and cotton print. You will make one each and take away fabric to finish off the set.



#### What you need to know

- ❖ Workshops will run from 10.30am to 4.30pm.
- ❖ The workshops will be held at the following venues:  
**Exeter West Point Centre**, Clyst St Mary, Exeter, Devon EX5 1DJ (free car parking) – Thursday 24 to Sunday 27 September  
**Glasgow SECC**, Exhibition Way, Glasgow G3 8YW (paid-for car parking) – Thursday 22 October to Sunday 25 October  
**Birmingham NEC**, Birmingham, West Midlands B40 1NT (paid-for car parking) – Thursday 5 November to Sunday 8 November  
**London ExCel**, Royal Victoria Dock, 1 Western Gateway, London E16 1XL (paid-for car parking) – Thursday 19 November to Saturday 21 November
- ❖ All fabrics, threads, etc., will be supplied or feel free to bring your own choice of fabric and threads.
- ❖ We hope that you will have enough time to finish the make during the day. If not, you will be able to take all the components home to finish.
- ❖ Lunch is not included, so feel free to bring a packed lunch or there will be food available to buy.

**Exciting New Regional Workshops**  
**£69 per person**  
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**0800 024 1212\***

**Woman's Weekly Make and Take Regional Workshops** Please complete this coupon and send it to:  
**Woman's Weekly Customer Care, Blue Fin Building, 110 Southwark Street, London SE1 0SU.**

Venue	Workshop	Date (please tick)	Price per Person	Total
Exeter, West Point Centre	Sew A Cushion Cover	24 Sept <input type="checkbox"/>	£69	
Exeter, West Point Centre	Sew A Wrap Skirt	25 Sept <input type="checkbox"/>	£69	
Exeter, West Point Centre	Sew A Tote Bag	26 Sept <input type="checkbox"/>	£69	
Exeter, West Point Centre	Sew A Table Setting	27 Sept <input type="checkbox"/>	£69	
Glasgow, SECC	Sew a Cushion Cover	22 Oct <input type="checkbox"/>	£69	
Glasgow, SECC	Sew A Wrap Skirt	23 Oct <input type="checkbox"/>	£69	
Glasgow, SECC	Sew A Tote Bag	24 Oct <input type="checkbox"/>	£69	
Glasgow, SECC	Sew A Table Setting	25 Oct <input type="checkbox"/>	£69	
Birmingham, NEC	Sew A Cushion Cover	5 Nov <input type="checkbox"/>	£69	
Birmingham, NEC	Sew A Wrap Skirt	6 Nov <input type="checkbox"/>	£69	
Birmingham, NEC	Sew A Tote Bag	7 Nov <input type="checkbox"/>	£69	
Birmingham, NEC	Sew A Table Setting	8 Nov <input type="checkbox"/>	£69	
London, ExCel	Sew A Cushion Cover	19 Nov <input type="checkbox"/>	£69	
London, ExCel	Sew A Wrap Skirt	20 Nov <input type="checkbox"/>	£69	
London, ExCel	Sew A Tote Bag	21 Nov <input type="checkbox"/>	£69	

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☐ Yes I would like a FREE ticket so that I can attend the craft show on a different day to my workshop.



# In The Bag

Knitted in bands of colourful yarn, this stylish tote bag is a must-have for your holidays and will see you through summer

## EASY PEASY

### Measurements

27cm/10¼in wide at top edge and 27cm/10¼in high.

### You will need

5 x 50g (116m) balls of Sublime Extra Fine Merino Wool DK (100% wool) in Sunday (349) and 2 balls in each of Gem (361), Pumpkin (373) and Alabaster (003). Pair of 5mm (No. 6) knitting needles; pair of sew-on leather or faux leather handles; 1 metre of lining fabric and 15 x 32cm of stiff cardboard, or heavy-duty jute buckram.

### Tension

17 stitches and 26 rows, to 10 x 10cm, over stocking stitch, using two strands of yarn together and 5mm needles.

### Abbreviations

**K**, knit; **p**, purl; **st**, stitch; **ss**, stocking st (k on right side and p on wrong side); **inc**, increase (by working twice into same st); **dec**, decrease (by taking 2 sts together).

### Note

Yarn amounts are based on average requirements and are therefore approximate.

## Bag sides

Use two strands of yarn together throughout.

**First side:** With 5mm needles and Sunday, cast on 46 sts.

Beginning with a p row, ss 10 rows.

K 1 row for fold line. K 1 row.

Change to Gem and beginning with a p row, ss 10 rows.

Change to Pumpkin and ss 10 rows, inc 1 st at each end of 3rd of these rows – 48 sts.

Change to Alabaster and ss 10 rows, inc 1 st at each end of 7th of these rows – 50 sts.

Change to Sunday and ss 10 rows.

Change to Alabaster and ss 10 rows, inc 1 st at each end of 1st of these rows – 52 sts.

Change to Pumpkin and ss 10 rows, inc 1 st at each end of 5th of these rows – 54 sts.

Change to Gem and ss 10 rows.

**Base:** Change to Sunday and continue in ss until base measures 15cm, ending with a p row.

**Second side:** Work 70 rows in ss and stripes to match first side, at the same time, dec 1 st at each end of 16th row and 3 following 14th rows – 46 sts.

Continue in Sunday. K 1 row, then k 1 row for fold line.

Beginning with a k row, ss 10 rows.

Cast off.

## Bag gussets

(make 2)

With 5mm needles and Sunday, cast on 25 sts.

Beginning with a k row, ss 15 rows.

Dec 1 st at each end of next row and 2 following 21st rows – 19 sts.

Ss another 13 rows. K 1 row for fold line.

Beginning with a k row, ss 10 rows.

Cast off.

## To make up

**1** Cut out the lining pieces from fabric, using the knitted pieces as templates, aligning top edge of the

fabric with the fold lines on each side and allow 1cm extra to the remaining two sides for a seam allowances.

**2** Sew cast-on sts of gusset to row-ends of base, then join sides to sides of bag. Following the same sequence, stitch the lining pieces together with right sides facing, raw edges level and taking a 1cm seam allowance.

**3** With the wrong side of lining on the outside, insert lining into bag and hand sew in position. Turn top edge of knitted bag over at fold line covering the top raw edge of the lining and hand sew in position.

**4** From the remaining lining fabric, make a cover for cardboard or jute buckram base and place it in bottom of bag.

**5** Using the photo as a positioning guide, attach handles to top of bag, by stitching through the punched holes in the handle ends.

*Tip...* YOU COULD MAKE YOUR OWN HANDLES BY KNITTING TWO STRAPS AS WIDE AND LONG AS YOU LIKE WITH LEFTOVER YARN







# Stepping Out

Long surface stitches add depth to this soft cotton mat and give it a woven appearance

## EASY PEASY

### Measurements

Approximately 41cm/16in wide and 76.5cm/30in long, excluding fringe.

### You will need

4 x 100g (210m) balls of King Cole Cottonsoft DK (100% cotton) in Oyster (742). Size 4.00 and 4.50 crochet hooks.

### Tension

19 stitches and 12 rows, to 10 x 10cm, over pattern, using 4.50 hook.

### Abbreviations

**Ch**, chain; **dc**, double crochet; **htr**, half treble; **tr**, treble; **trb**, inserting the hook from the back, make a treble around the post of the treble below; **trf**, inserting the hook from the front, make a treble around the post of the treble below; **st**, stitch. For a detailed explanation of how to work Raised Trebles (trb and trf), see pages 69.

### Note

Yarn amounts are based on average requirements and are therefore approximate instructions in square brackets are worked as stated after 2nd bracket.

## To make

Using 4.00 hook, make 79ch.

**Foundation row:** 1tr in 3rd ch from hook (counts as 2 sts), [1tr in each ch] 76 times – 78 sts.

Change to 4.50 hook.

**1st row (right side):** 2ch, 1trf in each of next 4tr, [1trb in each of next 4tr, 1trf in each of next 4tr] 9 times, 1htr in top ch of 2ch.

**2nd row:** 2ch, 1trb in each of next 4tr, [1trf in each of next 4tr, 1trb in each of next 4tr] 9 times, 1htr in top ch of 2ch.

**3rd row:** As 1st row.

**4th row:** As 2nd row.

**5th row:** As 2nd row.

**6th row:** As 1st row.

**7th row:** As 2nd row.

**8th row:** As 1st row.

Repeat 1st to 8th rows, 10 times more, then work 1st to 4th rows again. Do not fasten off.

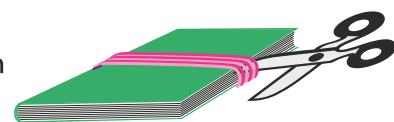
**Edging:** Right side facing and using 4.00 hook, work 1ch followed by 1dc in each st of last row, 3dc in corner, along long edge and missing sts as necessary, work 2dc, 1dc, 2dc around end sts of each pattern block, 3dc in corner.

Work remaining edges to match, ending 3dc in corner, miss 1ch, 1dc in first dc, fasten off firmly.

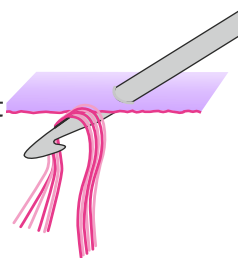
**Fringe:** From remaining yarn cut 20cm lengths – 8 strands for each of 20 tassels and using the photo as a positioning guide, make tassels as shown right.

## Making Tassels

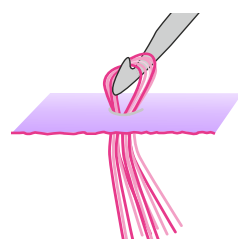
**1** Wind the yarn around a book or piece of stiff card to create 20cm lengths (more than twice the length of your finished tassel). Cut through yarn strands as shown.



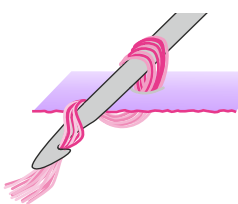
**2** Taking the 8 strands for each tassel, fold lengths over your finger, insert a larger crochet hook through the wrong-side edge of your work and catch hold of the yarn where it folds.



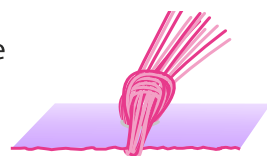
**3** Use the crochet hook to pull the folded yarn ends through to make a loop.



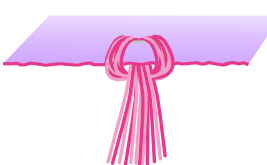
**4** Catch the free ends with your hook, as shown and carefully pull them through the loop.



**5** Make sure all the free ends are evenly distributed and pull on them to tighten the loop.



**6** On the wrong side, the tassel will look like this, while on the right side the loop will have formed a knot. Trim the ends evenly.



**Tip...** THE EDGES OF THE MAT CAN BE FRINGED BY ATTACHING TASSELS INTO EVERY ALTERNATE STITCH AND USING TWO STRANDS OF YARN







# Help Us Make A

To be displayed at our Live! event and all in aid of the Woodland Trust



For more information on our campaign, see our video at [womansweekly.com/woodland](http://womansweekly.com/woodland)

**W**e've been overwhelmed by the time you give to the *Woman's Weekly* campaigns. We've asked you to make hats for the homeless, blankets for cats, bunting for a World Record, poppies to commemorate WW1 and, of course, our latest World Record: knitted and crocheted Christmas decorations.

This year we are delighted to be working with the Woodland Trust and we are asking **YOU** to get involved by knitting, sewing or crocheting flowers, animals, birds and leaves that we can put in our Woodland Glen.

There will be regular patterns for you in *Love to Make with Woman's Weekly* (see far right and over the page), *Knitting & Crochet from Woman's Weekly* and of course *Woman's Weekly*, but please feel free to use your own patterns. We would like as many different makes as we can get.

Please send your finished makes by 28 August 2015 to Mary Bird, Head of Marketing, *Woman's Weekly*, Time Inc, 110 Southwark Street, London SE1 0SU – and, if you would like to include a donation, we will forward it to the Woodland Trust at the close of the campaign.

You can also bring your woodland makes with you to our three-day event, *Woman's Weekly Live!*, in Manchester in September – details to follow later.



## Woodland Trust

The Woodland Trust aims to create new native woodland with the help of communities, schools, organisations and individuals. It tries to protect our precious ancient woods, restore the ones that are damaged and fight for those under threat. This is done by inspiring people up and down the country to visit woods, plant trees and enjoy the many benefits that woodland has to offer.

For more information, visit [www.woodlandtrust.org.uk](http://www.woodlandtrust.org.uk)

**Please return to Mary Bird, Head of Marketing, *Woman's Weekly*, Blue Fin Building, 110 Southwark Street, London SE1 0SU**

**Please find enclosed my make for the Woodland Glen**

(please include your details so we can send you a thank-you note, and add your name to a poster at *Woman's Weekly Live!*)

Title ..... First Name ..... Surname .....

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Yes, I would like to donate and have enclosed a cheque made payable to **Woman's Weekly Woodland Trust Appeal** to the value of .....



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**Woman's Weekly**



# Woodland Glen

## A Crafty Fox And Fun Squirrel

More merry woodland creatures for you to knit for our charity woodland glen

### A BIT MORE TRICKY

#### Measurements

Approximately 14cm/5½in high, excluding ears.

#### You will need

**Fox:** 1 x 50g (100m) ball of Rico Design Essentials Soft Merino Aran\* (100% wool) in each of A (Orange 073), B (Natural 060) and Black (090).

**Squirrel:** 1 x 50g (100m) ball of Rico Design Essentials Soft Merino Aran\* (100% wool) in each of Brick Red (007) and Mouse Grey (095); length of yarn in each of Natural (060) and Black (090) for embroidery.

**For both designs:** Pair of 3¼mm (No.10) knitting needles; washable toy stuffing.

\*Yarn subject to availability

#### Abbreviations

**K**, knit; **p**, purl; **st**, stitch; **tog**, together; **inc**, increase (by working twice into same st); **dec**, decrease (by taking 2 sts tog); **psso**, pass slip st over; **skpo**, slip 1, k1, psso; **ss**, stocking st (k on right side and p on wrong side); **wrap1**, slip next st on to right-hand needle, take yarn between needles to opposite side (front of work after k st and back of work after p st), place the slipped st back on to left-hand needle; **loop1**, insert right needle kwise in next st, [bring yarn round point of needle, then under and over first finger of left hand] twice, yarn over point of needle again and pull the 3 loops just made through the st dropping st off left needle but leaving yarn around first finger, place these 3 loops back on to left needle and work k3tog.

#### Note

Yarn amounts are based on average requirements and are therefore approximate. Figures in square brackets are worked as stated after 2nd bracket.

## FOX

### Body

With 3¼mm needles and A, cast on 9 sts for base. P 1 row.

**1st inc row:** [Inc in next st kwise] 8 times, k1 – 17 sts. P 1 row.

**2nd inc row:** K1, [inc in next st, k1] 8 times – 25 sts. P 1 row.

**3rd inc row:** K1, [inc in next st, k2] 8 times – 33 sts. \*\* P 1 row.

**4th inc row:** K1, [inc in next st, k3] 8 times – 41 sts. Ss 5 rows.

Using separate small balls for each coloured area and twisting yarns together on wrong side at joins, work thus:

**Next row:** K20A, 1B, 20A.

**Next row:** P19A, 3B, 19A.

**Next row:** K19A, 3B, 19A.

**Next row:** P18A, 5B, 18A.

**Next row:** K18A, 5B, 18A.

**Next row:** P18A, 5B, 18A.

**Next row:** K17A, 7B, 17A.

**Next row:** P17A, 7B, 17A.

**1st dec row:** With A, k4, [k2tog, k1] 3 times, k2tog, k2, 7B, with A, k2, [k2tog, k1] 3 times, k2tog, k4 – 33 sts.

**Next row:** P13A, 7B, 13A.

**Next row:** K12A, 9B, 12A.

**Next row:** P12A, 9B, 12A.

**2nd dec row:** With A, k2, k2tog, k4, k2tog, k2, 9B, with A, k2, k2tog, k4, k2tog, k2 – 29 sts.

**Next row:** P10A, 9B, 10A.

**3rd dec row:** With A, k2, k2tog, k3, k2tog, k1, 9B, with A, k1, k2tog, k3, k2tog, k2 – 25 sts.

**Next row:** P8A, 9B, 8A.

**4th dec row:** With A, [k2, k2tog] twice, 9B, with A, [k2tog, k2] twice – 21 sts.

**Next row:** P6A, 9B, 6A.

**5th dec row:** With A, k2, k2tog, k1, skpo, 7B, with A, k2tog, k1, k2tog, k2 – 17 sts.

**Next row:** P5A, 7B, 5A.

Cast off.

Gather cast-on edge, then join row-ends for back seam. Stuff body firmly.

### Arms (make 2)

With 3¼mm needles and Black, cast on 4 sts. P 1 row.

**1st inc row:** [Inc in next st kwise] 4 times – 8 sts. P 1 row.





**2nd inc row:** [K1, inc in next st] 4 times – 12 sts. Ss 3 rows.

**Dec row:** [K2tog, k1] 4 times – 8 sts.

Change to A and ss 15 rows. Cast off.

Gather cast-on edge and join row-ends then stuff Black part. Flatten top edge with the seam underneath. Sew flatten edge to sides of body at neck edge.

## Head

Work as body to \*\*. Ss 6 rows.

Using separate small balls for each coloured area and twisting yarns together on wrong side at joins, work thus:

**Next row:** P2B, 29A, 2B.

**Next row:** K3B, 27A, 3B.

**Next row:** P4B, 25A, 4B.

**1st dec row:** K5B, with A, [k2tog, k2] 5 times, k2tog, k1, 5B – 27 sts.

**Next row:** P5B, 17A, 5B.

**2nd dec row:** With B, k2, k2tog, k2, with A, [k1, k2tog] 5 times, with B, k2, k2tog, k2 – 20 sts.

**Next row:** P5B, 10A, 5B.

**Next row:** K6B, 8A, 6B.

**Next row:** P6B, 8A, 6B.

**3rd dec row:** With B, k2, k2tog, k2, with A, [k2tog, k1] twice, k2tog, with B, k2, k2tog, k2 – 15 sts.

**Next row:** P5B, 5A, 5B.

**Next row:** K5B, 5A, 5B.

**Next row:** P5B, 5A, 5B.

**4th dec row:** With B, k1, k2tog, k1, skpo, k3A, with B, [k2tog, k1] twice – 11sts.

**Next row:** P4B, 3A, 4B.

**5th dec row:** With B, k1, k2tog, k1, 3A, with B, k1, k2tog, k1 – 9 sts.

**6th dec row:** With B, p1, p2tog, with A, p1, p2tog, with B, p2tog, p1 – 6 sts.

**Next row:** K2B, 2A, 2B.

Break off yarns, thread one end through remaining sts, pull up tightly and secure. Gather cast-on edge, pull up tightly and secure. Join row-ends for first 7 rows and last 14 rows, leaving 9 rows open for neck edge. Stuff head firmly. Sew open edge of head to top of body, matching colours at front and seams at back. With Black, work a tiny circle of chain stitches for each eye and two straight long stitches for the mouth.

## Nose

With 3¼mm needles and Black, cast on 3 sts. P 1 row.

**Inc row:** K1, k into front, back, front and back of next st, k1 – 6 sts.

**Dec row:** P1, p4tog, p1 – 3 sts.

Gather outside edge, pull up tightly to form a tiny ball and sew to point at front of head.

## Ears (make 2)

**Outer ear:** With 3¼mm needles and A, cast on 10 sts.

Beginning with a p row, work in ss, dec 1 st at

beginning of 2nd row and at same edge on next 7 rows – 2 sts. Work 2tog and fasten off.

**Inner ear:** With 3¼mm needles and B, cast on 10 sts.

Beginning with a k row, work as outer ear.

Join paired pieces together. Sew shaped edge slightly curved to top of head.

## Feet (make 2)

With 3¼mm needles and Black, cast on 5 sts.

Ss 16 rows. Cast off.

Fold each foot in half lengthways and join all three sides.

Position feet at base of body, making sure that the toy is standing upright and sew in place.

## Tail

With 3¼mm needles and A, cast on 18 sts.

\***1st row:** K15, wrap1, turn.

**2nd row:** P12, wrap1, turn.

**3rd row:** K10, wrap1, turn.

**4th row:** P8, wrap1, turn.

**5th row:** K6, wrap1, turn.

**6th row:** P4, wrap1, turn.

**Next row:** K to end.

Beginning with a p row, ss 5 rows.\*

Work from \* to \* twice.

**1st dec row:** K1, k2tog, [k3, k2tog] 3 times – 14 sts. P 1 row.

Stranding yarn not in use loosely across wrong side, work pattern thus:

**1st row:** K4A, 1B, 5A, 1B, 3A.

**2nd row:** P2A, [3B, 3A] twice.

**3rd row:** K2A, [5B, 1A] twice.

Continue in B only. P 1 row.

**2nd dec row:** K1, k2tog, [k3, k2tog] twice, k1 – 11 sts. Ss 3 rows.

**3rd dec row:** [K1, k2tog] 3 times, k2 – 8 sts. P 1 row.

**4th dec row:** K1, [k2tog] 3 times, k1 – 5 sts. P 1 row.

**5th dec row:** K1, [k2tog] twice – 3 sts. Break off yarn and thread end through remaining sts, pull up tightly and secure. Join row-ends and stuff tail.

Sew cast-on edge to base of body at back. Bring end of tail round body to front and secure in position.

# SQUIRREL

## Body

Using Brick Red throughout, work as body of fox.

## Arms

Using Mouse Grey instead of Black and Brick Red instead of A, work as arms of fox.

## Head

Using Brick Red, work as body of fox to \*\*. Ss 9 rows.

**1st dec row:** K1, [k2tog, k6] 4 times – 29 sts.

Ss 3 rows.

**2nd dec row:** K1, [k2tog, k5] 4 times – 25 sts. Ss 3 rows.

**3rd dec row:** K1, [k2tog, k4] 4 times – 21 sts. P 1 row.

**4th dec row:** K1, [k2tog, k3] 4 times – 17 sts. P 1 row.

**5th dec row:** K1, [k2tog, k2] 4 times – 13 sts. P 1 row.

**6th dec row:** K1, [k2tog, k1] 4 times – 9 sts. Break off yarn and thread end through remaining sts, pull up and secure for nose. Gather cast-on edge, pull up tightly and secure. Join row-ends, leaving an opening. Stuff head firmly and close opening. Matching this seam to centre of front and to centre back seam of body, sew head to top of body. With Black, embroider nose, then work single chain stitch for each eye. With Natural, work one chain stitch, followed by a detached second chain for each tooth. With single strand pulled from length of Mouse Grey, embroider top lip above teeth.

## Ears (make 4)

With 3¼mm needles and Brick Red, cast on 7 sts.

Beginning with a k row, ss 4 rows.

**1st dec row:** K2, sl1, k2tog, psso, k2 – 5 sts. P 1 row.

**2nd dec row:** K1, sl1, k2tog, psso, k1 – 3 sts. P 1 row.

**3rd dec row:** Sl1, k2tog, psso and fasten off. Join paired pieces together, taking ends to top for tufts. Sew cast-on edge to top of head.

## Feet

Using Mouse Grey instead of Black, work as feet of fox.

## Tail

With 3¼mm needles and Brick Red, cast on 11 sts.

**1st row:** K.

**2nd row:** K1, [loop1] to last st, k1. These 2 rows form pattern.

Pattern another 2 rows.

**1st inc row:** K1, [inc in next st, k3] twice, inc in next st, k1 – 14 sts.

Pattern 3 rows.

**2nd inc row:** K1, [inc in next st, k4] twice, inc in next st, k2 – 17 sts. Pattern 21 rows.

**1st dec row:** K1, k2tog, [k4, k2tog] twice, k2 – 14 sts. Pattern 3 rows.

**2nd dec row:** K1, k2tog, [k3, k2tog] twice, k1 – 11 sts. Pattern 3 rows.

**3rd dec row:** K1, [k2tog, k2] twice, k2tog – 8 sts. Pattern 3 rows.

Break off yarn and thread end through remaining sts, pull up tightly and secure. Join row-ends. With tip of tail uppermost, sew cast-on edge to base of body at back. Catch tail to back of body, allowing tip to curve over.



# Are You Sitting Comfortably?

Home Makes

Whether you are relaxing reading a book in the garden, or planning a picnic, these soft comfortable cushions make the perfect seating







Our folk art bird cushions require no special sewing skills, as the shapes are simply attached to a background fabric with an iron-on bonding material

# Appliquéd Bird Cushions

EASY PEASY

## You will need

- Templates from page 73
- Scraps of printed cotton fabric for appliqué
- Fusible bonding web
- Thin card for templates
- Cotton pearl embroidery threads – we used green, blue and red
- Crewel needle
- 12mm-wide bias binding (for branches)
- Medium-weight furnishing fabric – two pieces each 3cm larger than your cushion pad
- Matching sewing thread
- Cushion pad – we used a 45cm square and a 35 x 45cm oblong

## Cutting out

**1** Using a photocopier enlarge the templates by 115% for the large single bird, trace on to thin card and cut the body in two pieces following the dotted line. For the small birds, use actual size and leave the bird in one piece.



**2** Place the card templates on to the paper side of the fusible web and draw around each shape, remembering that each shape should face the wrong way round (a mirror image) – for the square cushion, we used four small birds facing one way and two the other. Spacing the shapes a little apart, draw as many as you need (eg, six bodies and six wings). Draw the flowers and a small circle for each eye and flower centres.

**3** Cut out each shape roughly, leaving a small margin all around and place,

paper side uppermost, on the wrong sides of your chosen fabric pieces. Then, following the manufacturer's instructions fuse the fabric and bonding web. When cool, cut out each motif following the pencil outline, making sure the backing paper doesn't slide out of place.

**4** From furnishing fabric cut one cushion front and one back to 3cm larger in both length and width than your cushion pad (or 1cm larger for a plumper effect).



## Square cushion

**1** Position six bird shapes on the cushion front, at least 4cm in from the seam line. Mix and match different colours and prints. When you're happy with the arrangement, peel off the paper backing paper from each shape and, following

the manufacturer's instructions, fuse in place. Add wings and flowers in the same way, one layer at a time, then the eyes and flower centres.



**2** Thread a crewel needle with embroidery thread and stitch a series of straight stitches, about 3mm apart, overlapping the edge of each shape. Following our main photo, work extra stitches close together, to suggest legs and feet on each bird.

## Rectangular cushion

**1** Fold the bias binding in half to create narrow strips. Pin and then tack lengths on the cushion front to create a framework of branches. Slip-hem the edges of the folded bias binding to the backing fabric, see page 69 for how to work this stitch.

**2** Place the appliqué motifs in position, with the bird in the centre of the fabric, its leg approximately 15mm from the top of the lower branch, and complete as for the square cushion.

## Make up cushions

Place the two cushion pieces, right sides together, and stitch all round, taking a 1.5cm seam allowance and leaving a large opening along one side. Clip the corners and turn right side out. Press the seamed edges, then insert the cushion pad and slipstitch the opening to close.



# Bean-bag Pillows

## A BIT MORE TRICKY

### You will need

- 1.3m of 137cm-wide cotton furnishing fabric
- Matching sewing thread
- 50cm zipper
- Polystyrene bean bag beads

## How to make

**Note:** A 1.5cm seam allowance is included throughout. Stitch seams with

right sides together unless otherwise stated.

**1** Cut out the following pieces from fabric: one top and one base piece each 63cm square; one front gusset 123cm x 13cm; two side gussets 38cm x 13cm; two back gussets 53cm x 8cm, and one handle 43cm x 13cm.

**2** Fold the top, base, front and back gusset pieces in half across their width and make a small notch into the seam allowances at each end of the fold

to mark the centre front and centre back positions.

**3** With right sides facing, tack the two back gusset pieces together on the seamline along one long edge. Press the seam open and lay the zipper face down on top of the seam turnings, centring the zipper teeth along the seam. Tack in place. Working from the right side, machine-topstitch down each side of the zipper 6mm away from the seamline.

**4** Pin, tack and machine stitch one short end of each side gusset to each end of the front gusset, to create one long strip. Then, stitch the remaining short ends of the side gussets to each end of the back gusset with the zipper, to form a ring. Remove tacking.

**5** With right sides facing, fold the handle in half along its length and stitch the two long edges together leaving a 5cm opening in the centre. Reposition the seam to run centrally down the handle and lightly press flat. Stitch across each short end of the handle, reverse stitching at each end to secure. Clip the seam turnings, turn to the right side and slipstitch the opening edges closed. Press flat.

**6** Measure 17.5cm each side of the central notch on the front gusset and mark with pins. Place the handle centrally on the right side of the front gusset with the seam to the back and one end to one pin position. Pin and box stitch this end of the handle in place, see page 69 for details on how to do this. Repeat at the opposite end of the handle and the second pin position. The handle will not lay flat, but should loop up from the gusset (see image left).

**7** Matching the centre front and back notches, pin the gusset to the cushion top, snipping into the gusset seam allowances at the corners to help it bend around. Tack and then machine stitch in place. Open the zipper and then repeat to attach the base of the cushion. Turn to the right side, press, and then fill with bean bag beads through the back zipper opening.

**Tip:** Make the base of your pillow in a PVC-coated fabric to give it a waterproof base

In deckchair-style stripes, these ultra lightweight bean bag pillows make the perfect cushioning for an outdoor surface





# Tufted Cushions

Looking like a mini mattress, made in heavy red and cream linen, this functional cushion is the ideal solution for softening hard seats or resting your head in a hammock.

## A BIT MORE TRICKY

### You will need

- 60cm of 137cm-wide striped linen fabric
- Matching sewing thread
- Enough flame retardant polyester stuffing to fill 60cm square cover
- Strong topstitching thread for the quilting
- Thick quilting needle
- Ball of DK cotton yarn to match the fabric

## How to make

**NOTE:** A 1.5cm seam allowance is included throughout. Stitch seams with right sides together unless otherwise stated.

**1** Cut a front and a back cover each 63cm square from the striped fabric. Keeping the stripes facing the same direction, stitch the two pieces together around all edges, leaving a 20cm opening along one edge. Trim the seam allowances across the corners and turn

through to the right side.

**2** Press the seamed edges flat and the opening edges 1.5cm to the wrong side. Insert the stuffing, taking care not to pack it too tightly, and then slipstitch the opening edges closed. Machine topstitch around all the edges of the cushion approximately 6mm in from the seamed edges.

**3** On the top of the cushion, mark out the grid for the quilting using pins or tacking stitches. Mark the first square 8cm in from the outer edge of the cushion, the second square 8cm in from the first and finally mark the cross in the centre.

**4** Using the strong thread and quilting needle, stab quilt along each of your marked lines. To do this, fasten the thread at one corner of your quilting line, and then stab the needle straight down to the under side of the cushion. Pull the thread through, take a small stitch and then stab the needle back up at an angle coming out about 3cm further along your line. Pull the thread tightly to draw up the cushion fabrics. Make another small stitch and stab the needle back down. Repeat along your lines, pulling the thread tightly and removing the pins as you work. Knot off the thread ends securely to finish.

**5** Cut the cotton yarn into approximately 10cm lengths and stack together in nine bundles of around 20 lengths, making sure that they are all laying in the same direction.

**6** To create the tufts, thread the quilting needle with a doubled length of strong thread and knot the ends together. Secure the thread at the centre of the cushion where the two quilting lines cross. Make two stitches through all layers of the cushion, trapping the centre of the yarn bundle under the stitches. Fasten the thread off on the right side close to the tuft. Repeat with the remaining bundles of yarn at each corner of your quilting, and trim the yarn ends to form approximately 3cm long tufts.

## Easy flanged cushion

Cut two squares of fabric 7cm larger in both length and width than a ready-made cushion pad. Place the two pieces, right sides together, and stitch all round, taking a 1.5cm seam allowance and leaving an opening along one side. Clip the corners and turn right side out. Press the seamed edges, insert the cushion pad and slipstitch the opening to close. Work two rows of machine topstitching around each side of the cushion, placing the first row 6mm from the edge and the second 1cm in from the first, taking care not to catch the pad in place as you sew.





# Relaxing Reading Floor Cushion

## A BIT MORE TRICKY

### You will need

- Diamond, crystal and circular templates on page 72
- Card for making templates
- Paper for making 24 diamond and six crystal paper templates
- 2m of 137cm-wide cotton print furnishing fabric (A)
- Three complementary fat quarters for the diamonds (B, C and D)
- 1m of 150cm-wide plain fabric (E)
- 5.5m of 4mm piping cord
- 1m of 90cm-wide thin wadding
- Polyester stuffing
- Large co-ordinating button



## Cutting out

**For the patchwork:** Using the diamond template to cut out the following: six in B for the centre; six in C for row 2; six in D for row 2; 12 in E for row 3, plus six crystal templates in E for row 3. Finally, enlarge the circular template by 200% and cut one to fold of fabric 'A'. **For the main cushion:** Cut two 83cm diameter circles and one side gusset 11.5cm x 252cm long in 'A'. You may have to join pieces to get the correct length. **For the piping:** Cut 3cm-wide strips of fabric E on the diagonal, until you have enough to go around your main cushion twice.

## How to make

**1** Using the image as a guide, assemble the patchwork centre, as shown on page 54. The slight difference with the diamonds is that the hems will create tails, which are simply tucked in behind the next piece to be joined in as you sew. Begin with the centre section using fabric B then continue adding shapes until you have three rows and a lovely 'diamond starburst' pattern.



**2** Press the finished starburst and remove the papers, taking extra care when removing the outer ones. Usually you would only remove a paper when the shape is completely surrounded with other pieces but sometimes this is not possible.



**3** Take one of the large circles and fold it into quarters. Iron to form light creases, and open out, so that you can find the dead centre. Cut a piece of wadding about 90cm square and place the pressed circle on to it. Don't trim the wadding. Lay your diamond medallion on to the circle, matching the centres up. Pin together really well so that no movement is possible in any direction. Begin the appliqué process by stitch-in-the-ditch quilting, which means that you find the seam between two diamonds and quilt right into it from the centre outwards. You can do this by hand or machine.



**4** Finish the appliqué by anchoring the starburst on the edge all the way around either by machine, or with a tiny hand whipstitches. To complete the cushion top, fold over a small hem around the edge of the small circle and work a row of running

stitches around the edge. Pull up the stitches to gather into a puffball then, flatten to form a Suffolk puff (yoyo). Pin and whipstitch to the centre of the starburst. To finish, stitch a large button at the centre.



**5** Join your piping fabric strips to make one long length then insert the piping cord and pin, as shown. Fit the zipper foot to your machine and sew down the length of the folded fabric, as close to the cord as possible, removing the pins as you sew.

**6** With the wadding still untrimmed, pin half of the piping around the edge of the top circle, matching raw edges and snipping into the seam allowance to help it turn the circle. At the finishing ends, unpick the fabric covering the piping cord and trim cord to butt ends. Refold fabric over to cover cord. Still using the zipper foot on your machine, attach the piping, working as close to the cord as possible. Attach the piping to the cushion base circle in the same way.

**7** With right sides facing, tack the side seam in the gusset to form a large loop. Trim the wadding back to the fabric edges on the cushion top and then, with right sides facing and a zipper foot on your machine, attach the gusset to the top and base of the cushion. Unpick the tacked gusset side seam and turn the cushion right side out through the opening. Stuff the cushion well and then slipstitch the opening closed.





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# English Paper Piecing

English paper piecing is a terrific skill to add to any stitcher's repertoire, and it works well with both traditional and modern fabrics

## What is English paper piecing?

Traditional hexagon patchwork has a timeless charm of its own. Created entirely by hand, using the simple English technique of sewing over foundation papers, it is one of the original patchwork techniques and fine examples of it exist in museums and art galleries around the world. It has endured the test of time, because it is easy to do, sturdy and effective, and there are few better ways of using up odd scraps of fabric. English paper piecing can also be worked in many different shapes, including diamonds (see the Relaxing Reading Floor Cushion on page 51), pentagons, triangles and much more, but by far, the most enduring shape is the hexagon.

## How it's done

**You can do EPP either as a pattern, or as a random colour mix, but it is usually done as a pattern and here we show you how to get started with a classic hexagon rosette.**

## Cutting out

Each rosette is made up of six matching fabric 'petals' around a contrasting centre, so cut six matching hexagons and one contrasting one. You can cut the fabric hexagons out, using one of two methods: Make a cutting template 1cm larger all around than your actual template and then draw around it on to the fabric and cut out. This method is good if you are using pieces of new fabric as it avoids waste because you can trace the hexagons on to fabric with the edges abutting.

Alternatively, for fabric scraps, pin the backing paper directly on to the fabric and cut out a fabric shape 1cm larger all around the paper. The fabric hexagon size doesn't have to be accurate, just big enough to overlap on to the backing paper.

## Piecing together



**1** To prepare each patch, hold the foundation paper centrally against the wrong side of the fabric, and pin in place. Fold back each edge, fingerpressing as you proceed (i.e. lay your piece on a hard surface and run your thumb nail along the folded edge), and tack down each of the sides at one time. Stitch right through the paper and make a neat 120-degree angle at each point. Remove the pin and then prepare the remaining five patches in the same way.



**2** Place the first of the six matching petals over the contrasting central hexagon, with right sides together. Thread a short fine needle, with matching sewing thread and knot the end (use white thread if your fabric print has a white background). Using neat,

## GETTING STARTED

- To begin with, you will need paper foundations: one for every patch, or fabric piece, in your project. These can be either homemade, or ready-cut papers which are available to buy. To make homemade papers, you need some paper (an old magazine works a treat) and a reliable cutting template.
- If you are cutting by hand, you can simply make yourself a template from thin card (a cereal box is ideal) and then trace around it onto the paper and cut out.
- Magazines and patchwork books usually supply good templates for you to copy, or you can purchase templates made from a special plastic, which allows you to see the fabric through. This is especially helpful if you want to cut patches from specific parts of your fabrics design.
- The most important thing to ensure is that your templates and papers are cut accurately, at the beginning, because, unlike machine piecing where you have a seam allowance, here the edges simply butt together, so they need to fit precisely rather like in a jigsaw puzzle.

**Tips:** If you are lucky enough to own a die cutter and a hexagon die, this will allow you to cut multiple accurate foundation papers at one time.

- Get a plastic storage box for the foundation papers, cut lots out and store them ready for your projects.



tiny whipstitches, sew the two pieces together along one edge. See page 69 for details on how to work this stitch.



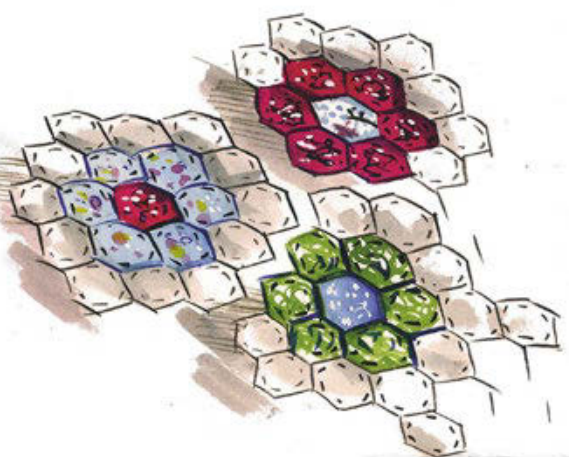
**3** Open out the two patches and stitch the second petal to the next side of the central hexagon, in the same way.



**4** Now fold the centre hexagon in half so that the two petals lie face to face. Bring the needle up at the point where the three patches meet and stitch the two petals together.



**5** Sew on the remaining four petals in the same way to complete the rosette.



**6** Make another rosette and join it directly to the first, using whipstitch, or add a contrast border

This beautiful child's quilt is made of 25 complete rosettes and six part ones (with four petals) bordered by a background of white hexagons



in-between the rosettes, as shown in our featured quilt above. You can continue adding rosette blocks in the same way to create the desired size for your project.

**7** When the day arrives that you have eventually finish your patchwork, you can celebrate by removing the tacking stitches and all of the foundation papers, then finish your project in the desired way.

**NOTE:** English paper piecing is not a quick process, but remember that quilt making is supposed to be a relaxing, unhurried process, that can become quite addictive... so have fun!

**Tips:** Take a tip from Victorian stitchers and draw your thread against sweet-smelling beeswax. This helps it to glide smoothly through patches and prevents fraying.

● Using two different sized needles helps when working EPP. A medium 'sharp' for tacking the patches to the templates and a fine short 'between' in sizes 10 or 11 for stitching them together.



# Take A Map

Give paper maps a new life in your home to evoke memories of your favourite trips, places you've lived or dream destinations

## New Lamps For Old

Upcycle a tired lampshade with a salvaged map and strips of paper.

### A BIT MORE TRICKY

#### You will need

- A map
- Drum lampshade
- Various sized strips of coloured paper to tone with your map
- Sticky-backed tie-back and pelmet stiffener
- Multi-purpose contact adhesive
- Sewing machine
- Two clothes pegs

**1** Remove the cover carefully from the shade to use as a pattern and keep the two wire rings to one side. On the paper-backed side of the stiffener, mark around the lampshade cover, adding an extra 1.5cm to one short end. Cut out the long rectangle using sharp scissors.

**2** Lay the rectangle of stiffener on to the right side of your map, covering the part that you want to display. Using a pencil, draw around it adding a 8mm hem along the long edges and one short end. You will probably find your map is too short for the stiffener, so this is when the paper strips come into play.

**3** Carefully peel away the paper backing from one end of the stiffener, place it level with one short end of the map and within the top and bottom hem marks. Stick firmly to the wrong side of the map, continue along the length, peeling and sticking to avoid forming any bubbles or creases.

**4** On the end of the stiffener, where the map runs out, lay over alternating coloured strips of paper, overlapping their edges and firmly stick



them down over the remaining stiffener. Trim the paper strips to leave a 8mm hem, along the top and bottom edges and the short end. Set your sewing machine to a large zigzag stitch and using the photo as a guide, sew through the paper layers and stiffener to hold in place.

**5** Fold over the hem at the short end and glue in place, leave to dry and

then overlap the two short ends by 1.5cm with the hemmed end on top. Glue the ends together to form a drum and secure with clothes pegs until dry. Insert the bulb holder wire ring into the top of the drum and fold over the paper hem to enclose. Glue in place and leave to dry. Insert the remaining ring into the base of the shade, fold over the paper hem to enclose and glue in place, leave to dry.



## Tip Top Tins

These fun tins are perfect for storing small bits and pieces, but also make brilliant moneyboxes.

### EASY PEASY

#### You will need

- New unused paint cans (available from paint shops and online)
- Old atlas
- Double-sided sticky tape
- Water-based clear stain or matt varnish
- A short length of 10mm-wide ribbon

**1** Measure the height between the top and bottom rims and circumference of each can, adding 1cm to the circumference for an overlap. Cut out a rectangle from the atlas to this size.

**2** Stick double-sided tape to each short edge and at least two more strips in-between them. Peel the backing from the first strip, and

stick that edge of the map along the can's vertical seam, making sure it is straight. Wrap the map around the can, removing the tape's backing as you go.

**3** Varnish the paper if you wish, leaving it to dry. Before putting the lid on, place a looped ribbon under it with knotted ends – to remove the lid, give the loop a tug.

#### To make a moneybox

Drill several holes next to each other in a can lid, until the slot is large enough for coins to fit through. Bend any rough edges and file them smooth to make it safe for little fingers.







## Top Drawer

**Cover a plain chest of drawers with map prints – a perfect way to add unique style to any bedroom.**

### A BIT MORE TRICKY

#### You will need

- Giant map print, or roll of map wallpaper to fit furniture
- Chest of drawers
- PVA glue
- Water-based clear stain or matt varnish
- Replacement knobs
- Newspaper for templates

**1** Before you begin, remove the drawers and, if you are replacing them, discard the old knobs. Make sure all the surfaces to be covered are free from dirt and loose paint or dust. Fill any holes and scratches with filler and sand until smooth.

**2** Measure the size of each drawer and the frame that you want to cover. Draw templates on newspaper and lay them on to the furniture to ensure that you have the correct sizes. Then, using the templates, cut out the pieces from

your map print or map wallpaper.

**3** Spread PVA glue over the drawer fronts one at a time and smooth the paper in place. If there are any air bubbles trapped under the paper, use a pin to prick the bubble and then roll flat with a craft roller. Make holes for the new knobs and leave to dry for 24 hours. Repeat with the frame. Paint over the papered surfaces with clear varnish when dry and attach new knobs.

**Tip:** If you can't get hold of a large map print, then make a collage of smaller ones



# Inspired By The Globe

Spruce up a plain tray by adding a fun map liner, the perfect icebreaker for whatever drinks you are serving

EASY PEASY

## You will need

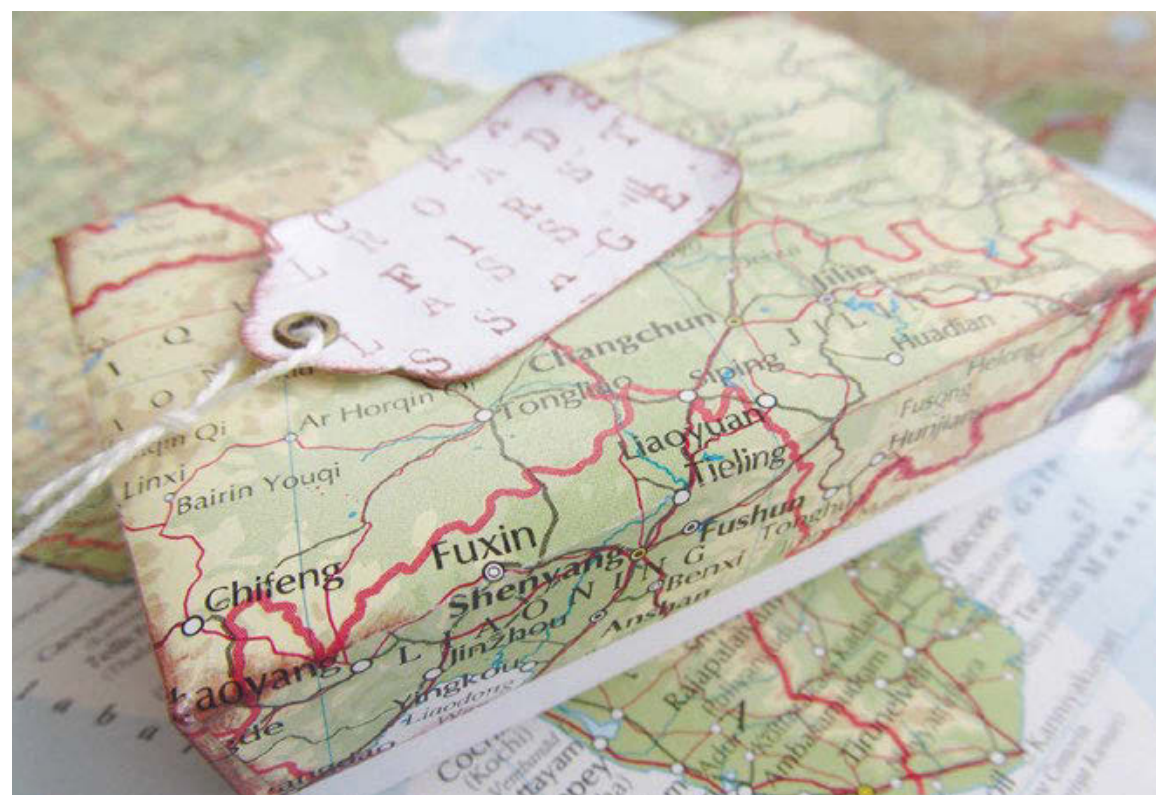
- Old map to fit inside the tray
- Wooden tray
- Matt self-adhesive transparent film (optional)

**1** If you just want a disposable liner, then simply measure inside your tray and if necessary trim the map to fit. To make a wipe down, re-usable version, continue with step 2.

**2** Using the map as a template cut out a piece of adhesive film, adding a 15mm hem to all edges. Place the film paper side up on a firm surface and carefully peel away the backing. Position the map, face down, centrally over the film and starting at one end, begin to stick the map to the film, smoothing it out as you go, to avoid any bubbles and creases. Finally, fold over the hems on to the wrong side and stick in place. You now have a wipe down tray liner for serving your drinks.

**Tip:** For a more permanent liner, découpage a map to the base of the tray, following step 3 of the chest of drawers, opposite

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## Quick Idea

Bon voyage! – don't throw away old maps and atlases. Recycle them to create brilliant gift wraps and tags – perfect for all travellers young and old.



Taken from *The Crafter's Guide to Packaging Handmade Products*, Viola E Sutanto (Search Press) £12.99, visit [www.searchpress.co.uk](http://www.searchpress.co.uk).



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# Flower Power

This vintage-style needle case is decorated with pretty embroidery stitches

**A** needle case, like a small fabric book, is often one of the first things we make at school. Here's how to make a gorgeous new one to sit in your sewing box.

## EASY PEASY

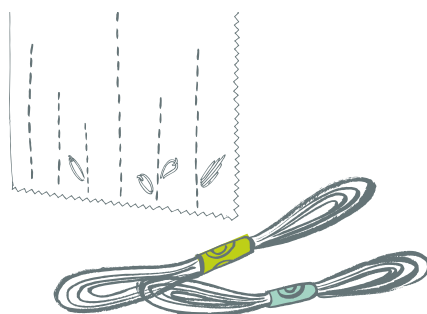
### You will need

- Tailor's chalk and ruler
- Chalk pencil
- Set square, or book
- Scraps of felt in three colours – we used grey, cream, and pink
- Pinking shears and small, sharp scissors
- Embroidery needle
- Stranded embroidery cotton in light green, lime, cream, orange, pink, and lilac, or colours of your choice
- 10mm diameter button
- 15cm piece of 3mm-wide ribbon to match one embroidery thread colour

## How to make

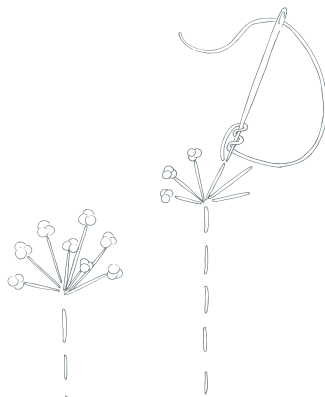
**1** Using tailor's chalk, a ruler and a set square (if you have one), measure and mark out a 16 x 10cm rectangle on one piece of felt, for the cover of the 'book'. If you aren't using a set square, use the corner of a book to make sure the corners are square. Cut out with pinking shears. In the same way, mark and cut out a 15 x 9.5cm rectangle from each of the other two felt colours.

**2** Fold the larger piece in half widthwise and tack down the fold line. Using the photo as a guide, draw the right-hand flower stem with a chalk pencil, 1.5cm in from the right-hand edge of the front rectangle, stopping about 3cm from the top edge. With three strands of light green embroidery cotton in your needle, embroider the stem in running stitch. Near the bottom of the stem, draw a small leaf and embroider this using satin stitch – see page 68 for details on how to work these and all of the other stitches required for this project.

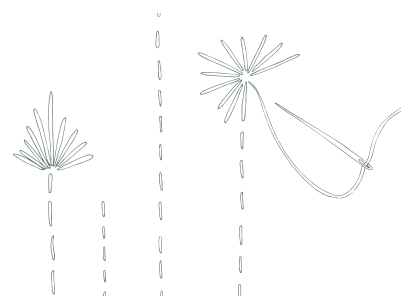


**3** Embroider the five other stems in the same way, with the left-hand stem 1cm in from the tacked central line, and stopping the stitching between 1.5cm and 6.5cm from the top, so the stems are all different lengths. Embroider leaves on some of them, using lazy daisy stitch, and change to lime instead of light green for some of the stems and leaves.

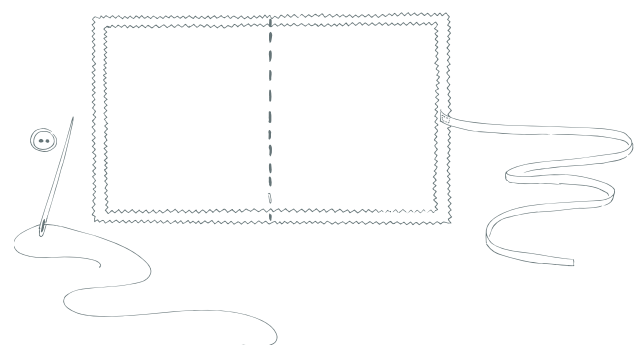
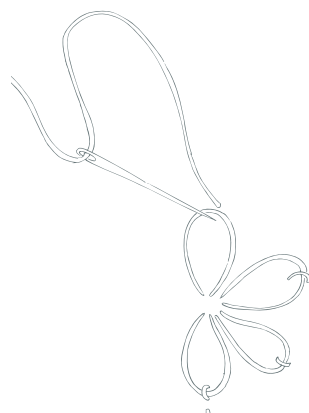
**4** For the flower head on the left and tall one in the centre, use two strands of cream embroidery cotton to embroider straight stitches of uneven lengths, all starting at the top of the stem and radiating outward and upward. Now, using six strands of orange for one flower and six of pink for the other, add a French knot at the top of each cream straight stitch.



**5** Make the pink flower head (second from left) using straight stitches all starting at the top of the stem and fanning outward and upward, with the longest stitches at the centre and shortest at the sides to create an even curve. For the cream flower head on the far right, use six strands and work straight stitches radiating out from the same central hole to create a roughly circular shape as shown here. Add a pink French knot at the centre.



**6** Use lazy daisy stitch and three strands of embroidery cotton for the small cream flower and six strands for the lilac flower. Finally, add an orange French knot at the centre of each.

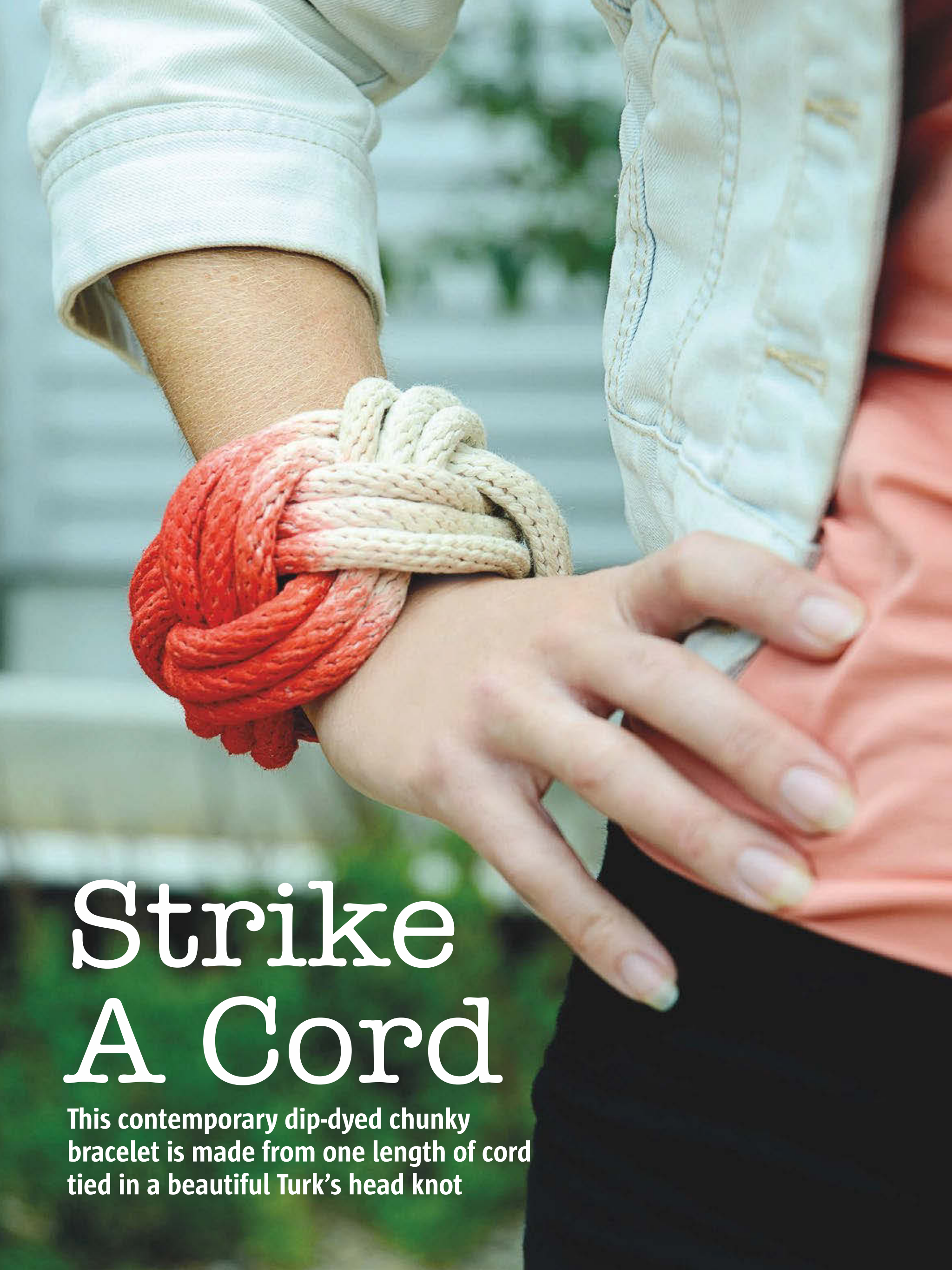


**7** Place the embroidered felt rectangle on top of the other two felt pieces. Sew the three layers together down the tacked central line with running stitch using six strands of pink embroidery cotton. Remove tacking. Using orange embroidery cotton, sew a button to the front of the needle case, along the centre of the right-hand edge. Sew a 15cm length of ribbon to the underside of the top layer in the centre of the left-hand edge. When the 'book' is closed, you can wind this around the button to keep it closed. Use the 'pages' to hold needles and pins.









# Strike A Cord

This contemporary dip-dyed chunky bracelet is made from one length of cord tied in a beautiful Turk's head knot



# About The Turk's Head Knot

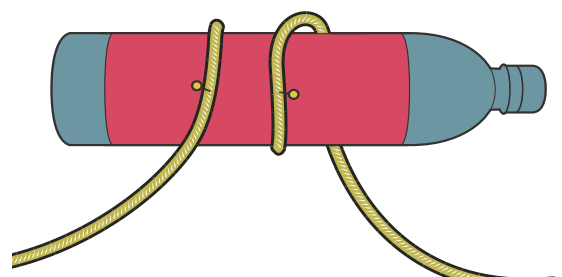
A Turk's head knot is a decorative knot with a variable number of interwoven strands, forming a closed loop. The name is used to describe the general family of all such knots rather than one individual knot. While generally seen made around a cylinder, the knot can also be created in a flat, mat-like shape. The beauty of the Turk's head knot is that it is not only suited to making smaller pieces, like this cord bracelet, but it can also be increased in scale to make stools, mats, cushions, boxes, lampshades and anything else structural.

## HARDISH

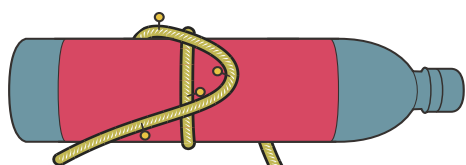
### You will need

- An unwanted, cylindrical plastic bottle – soft-drink bottles work well – with a diameter that will allow the bracelet to slide over the hand. Pins will be pushed into the container.
- Sufficient thick cord, rope or yarn to wrap 13 times around the bottle. If you plan to dye the bracelet, choose a plain cord. If not, there is plenty of leeway to use coloured or textured cord.
- Masking tape
- Sewing pins or T-pins
- Fabric glue
- Fabric dye (optional)

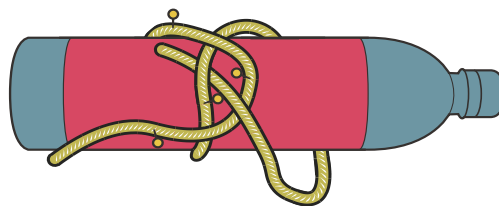
## How to make



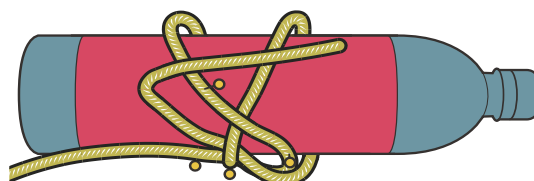
**1** Place the cord over the bottle with 8–10 cm of cord trailing to the front (the side nearest you). The longer section of cord trails behind the bottle. Wrap the cord around the bottle twice, working to the right. The long cord (the leading cord) will be trailing to the right and to the front of the bottle. The end of the leading cord may fray during the threading, so wrap the end in masking tape. Pin cords to the bottle.



**2** Take the cord strand on the far left and bring it over the middle strand (first cord to its right) making a 'D' shape. Re-pin cord to bottle as shown in the above diagram.



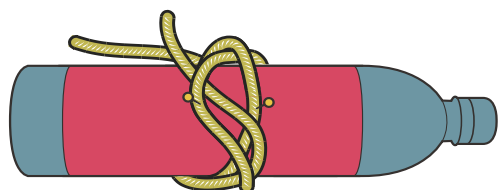
**3** Hold the leading cord and slip it over the first strand to its right, through the centre of the 'D' and under the second strand. Pull the leading cord through. The leading cord will now be on the left.



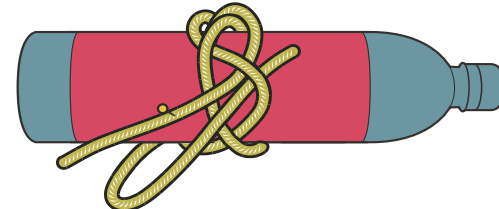
**4** As you work the cords around the bottle, roll the bottle a little way towards you each time. Thread the leading cord over the first strand on the far left and under the second strand. Pull the leading cord through to the right.



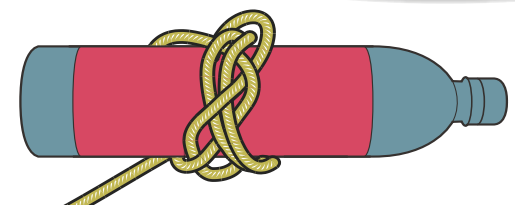
**5** Take the left strand on the bottle and lay it over the strand to its right, making a figure of eight shape. Pin cords to the bottle.



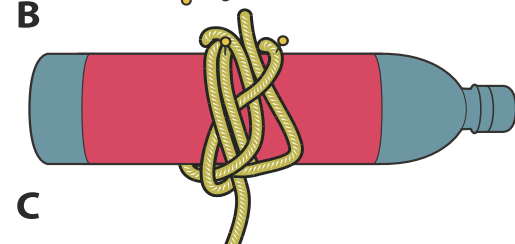
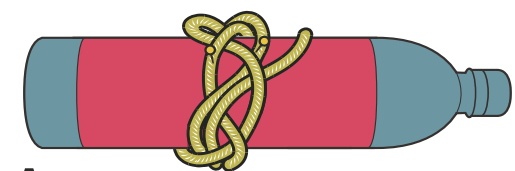
**6** Hold the leading cord and slip it over the first strand to its left and under the second strand.



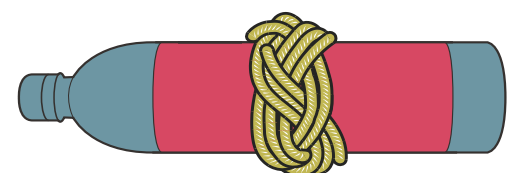
**7** At this point, the leading cord will meet the short length of cord. Pull the short end of the cord to the left and begin to follow its path with the leading cord.



**8** Take the leading cord and thread it over the first strand on the right (alongside the short end of cord) and under the second. Pull the cord through.



**9** Continue threading the leading cord right (a) and then left following the path of your previous cord (b), in the same way, until all the gaps between the strands are filled (c). Each loop on the bracelet should be three-strands wide when it is complete.



**10** Remove the pins and slide the bracelet off the bottle. Trim off the excess cord, and conceal and secure the cord ends with glue. Optional: when the glue is dry, make up the dye mixture following the package directions. Dip one half of the bracelet into the dye. Hang the bracelet to drip-dry into a tray. When dry, dip it again to strengthen the colour, if necessary.

## Decorative Knots



Taken from *Decorative Knots, 18 Macramé Projects*, by Kat Hartmann (Search Press), £12.99. See page 67.



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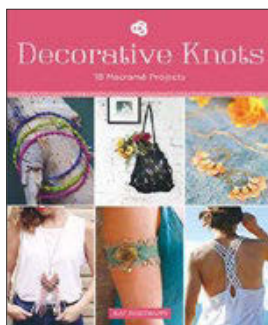
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# Bookshelf

This month get into macramé, start some beautiful patchwork designs for your home and try out some unique ideas using washi tape and rocks!



**DECORATIVE KNOTS, 18 MACRAMÉ PROJECTS**  
By Kat Hartmann  
(Search Press, £12.99)

Macramé is having a huge revival and with this, comes a revamped way of using the old techniques with exciting modern designs. In this book, Kat has brought together 18 wonderful macramé projects that you will want to make, from over a dozen popular crafters. This book is packed full of information, beautifully illustrated and with very clear instructions, which have been tried and tested by ourselves in Strike a Cord on page 64 and Petal Earrings, last month. This book is packed full of inspiration and is highly recommended.



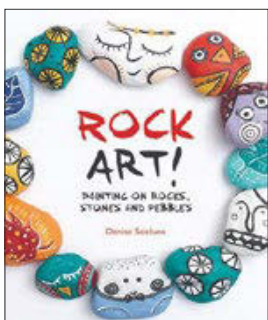
**GIRL'S GUIDE TO DIY FASHION, DESIGN & SEW 5 COMPLETE OUTFITS**  
By Rachel Low  
(FunStitch Studio, £14.99)

This book is aimed at girls aged 7–14, and is the sort of book I would have loved as a child. From creating mood boards, to designing and making your own garments and accessories, author Rachel Low encourages girls to create, have fun and feel good about what they can make. It is filled with brilliant ideas and tips that will give them confidence and help them to find their own style. With full-sized patterns in the back, this book is written simply in language that girls will understand. See page 29.



**LIBERTY LOVE: 25 PROJECTS TO QUILT & SEW FEATURING LIBERTY OF LONDON FABRICS**  
By Alexia Marcelle Abegg  
(Stashbooks, £17.99)

If you love Liberty prints then you'll love this book. After the introduction, there's fold-out pages of gorgeous Liberty prints, to get your creative juices flowing, followed by a handy section of sewing tips. The projects included in this book are sectioned by type: baby quilts, quilts, accessories and clothing. We love the Sew and Go Organizer, which is perfect for keeping all your sewing bits together. The clothing in this book stands out too, we definitely give this book a thumbs-up.



**ROCK ART!**  
By Denise Scicluna  
(Search Press, £9.99)

In the spirit of our Kids Love To Make section on pages 21–29, this book is packed full of even more fun, easy and cheap projects to make. However, it isn't aimed directly at children, but anyone who'd like to create extraordinary art projects and crafts from just ordinary rocks. The first part of the book provides tips on sourcing your stones and how to get started, and then guides you through many projects, all of which are achievable at home. Finally, there's a gorgeous ideas section showing how you can use your transformed stones. It really is rocking-good book!



**ZAKKA-STYLE GIFTS**  
By Cecilia Hanselmann  
(Search Press, £7.99)

Zakka originates from a Japanese word, which loosely translates as 'miscellaneous goods' or 'sundries'. However, in recent years it has increasingly been used to mean homemade everyday items. In this book there are a real mix of designs, each having its own unique look, and we love the fact that some of the pieces are small and therefore are a great way of using up your scraps – see the bookmark on page 19. If you like the quilting and patchwork look, then you will love the designs in this book, all of which will make perfect presents for your friends and family.



**WASHI STYLE! – MAKE IT WITH PAPER TAPE**  
By Marisa Edghill  
(Search Press, £9.99)

Japanese washi tape is one of those products that *Woman's Weekly* Home Editor Emily just can't resist. Every time she goes into a craft store, she finds herself giving into the temptation to buy several rolls. So many colours! So many patterns! This book contains a little something for everyone. The majority of projects in this book are great for beginners, many labelled Quick Starts, that can be copied from the photographs. Others have clear instructions with step-by-step photographs. Crafters will enjoy making these fun projects.

To buy these books visit [searchpress.com](http://searchpress.com).  
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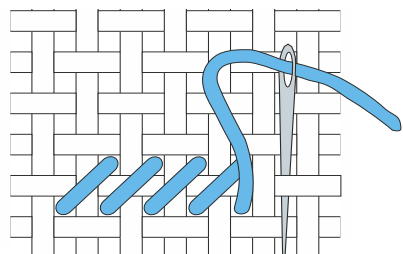


# Stitch Guide

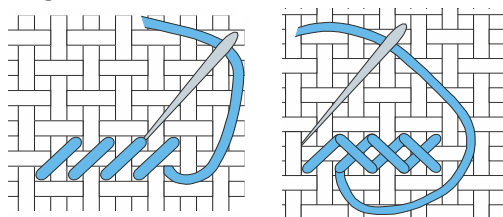
All the stitches and techniques you need to complete the projects in this issue

## COUNTED THREAD STITCHES

### Cross-stitch

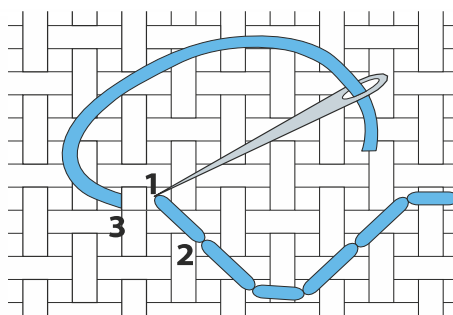


To work cross-stitch, bring the needle through at the lower left-hand side, insert the needle one block up and one block to the right and bring it out one block down, forming a diagonal stitch.



Continue in this way to form a row of stitches. Complete the upper half of the crosses as shown. Cross-stitch may be worked from right to left or vice versa, but the upper half of all the crosses must lie in the same direction.

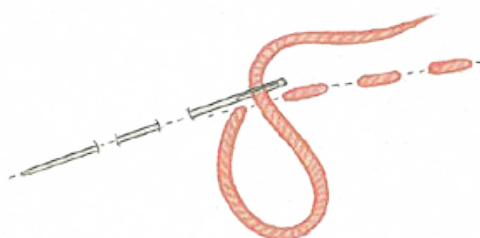
### Backstitch



Bring the needle through at the corner of a stitch (1), then take a backward stitch over one block (2). Bring the needle through one block in front of the first stitch (3). Then take another stitch, reinserting the needle where it first came through the fabric (1). Continue to make a row.

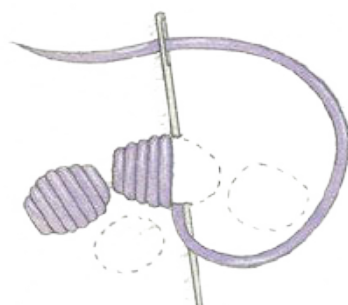
## FREESTYLE EMBROIDERY STITCHES

### Running stitch



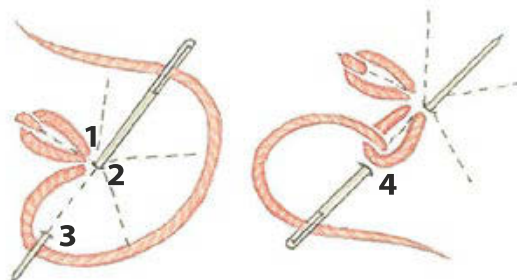
Bring the needle up through the back of the fabric where you want to start stitching. Insert the needle down into the fabric a short distance away and bring it back up, leaving a similar gap. Repeat to make a line of stitches, as long or short as you like, but make them all of equal length.

### Satin stitch



Following the outline of the shape, work straight stitches close together as illustrated. Keep the tension even and stitches close for a smooth, flawless finish with no background fabric visible.

### Lazy daisy



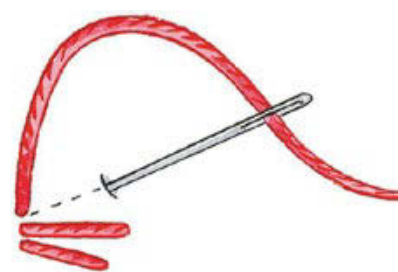
Make a circle of detached chain stitches to form a flower. Bring the needle out at 1, reinsert besides 1 at 2, bring it out at 3 looping thread around the needle point to form a petal. Complete a small stitch at 4, securing the petal shape, then bring out ready for next stitch.

### French Knot



Bring the thread up through the fabric, hold it with your thumb and first finger of your left hand and turn the needle round it once or twice or as necessary. Still holding the thread firmly with your left hand, turn the needle and reinsert it close to the point where it first emerged. Pull the thread taut so the knot slides down the needle to touch the fabric, then release as the needle goes through the fabric leaving the knot on the surface.

### Straight stitch

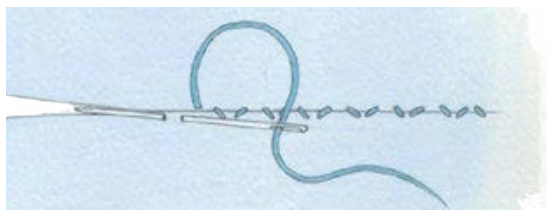


Secure the thread at the back of the work and bring the needle through to the fabric at the outer end of a stitch line. Then take the thread back down through the fabric at the other end of the line. Keep the tension even, but soft to give fullness to the stitch.



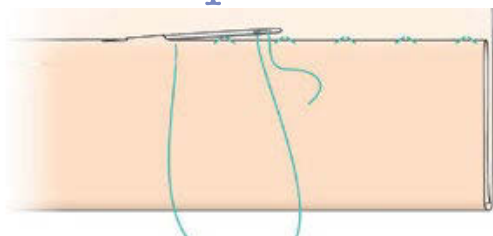
## BASIC HAND STITCHES

### Slipstitch



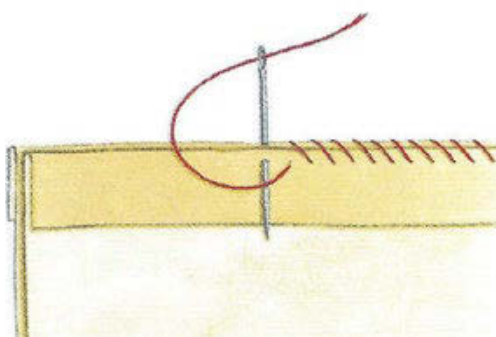
This stitch is used to join two folded edges together. Worked from right to left (reverse this if you are left-handed), bring the needle out through the folded edge. Slip the needle through the fold of the opposite edge for about 6mm and draw the needle and thread through. Continue in this manner.

### Slip hem



Working from the right to left (reverse this if you are left-handed), secure the thread on the inside of the hem (or reverse side of top layer of fabric to be attached), bring the needle out through the hem fold. Opposite in the garment, take a very small stitch (no more than two or three threads). Take the needle back into the folded edge and run the needle inside the fold for approximately 1cm. Bring the needle out and draw the thread through. Continue in this way, alternating the stitches between the fabric and the fold. Make sure the stitches are not pulled too tightly to avoid puckering.

### Whipstitch



Whipstitch is generally used to sew two finished edges together. It can also be used to hold a raw edge neatly against a flat surface. Insert the needle at right angles and close to the edge, picking up just a few threads. Slanted floats will be produced between the tiny stitches. The space between the stitches can be short or long, depending on your project.

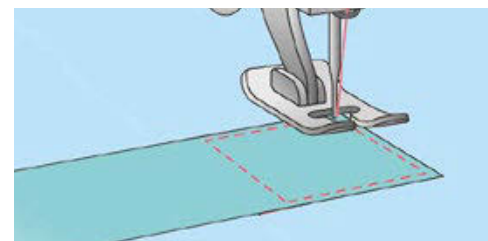
### Oversew



Oversewing or overcast is the customary hand stitch for finishing raw edges of fabric to prevent them from fraying. Working from either direction, take diagonal stitches over the edge, spacing them an even distance apart at a uniform depth.

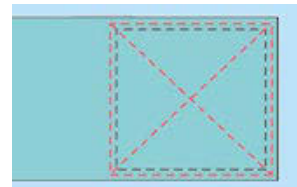
## BOXED STITCHING

Boxed stitching is used to attach handles, straps and ties to garments, bags and other sewing projects. As the name suggests, the stitching is in a square, or rectangular 'box' shape, with a diagonal cross in the centre, making it very strong. Box stitching is worked in one operation, without removing the work to change direction.



**1** Starting at one edge, machine stitch across the width of your strap or tie, then continue stitching around to form a 'box', finishing at the starting point with the needle down.

**2** Pivot the work around the needle and stitch diagonally across the box to the opposite corner, then along the side of the box following the first line of stitching, and finally diagonally across the box to the opposite corner. To really reinforce the stitching, stitch around the box one more time.



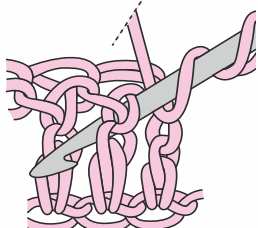
## CROCHET - HOW TO WORK RAISED TREBLES

Use long stitches to create a textured surface.

### Raised treble from the front (trf)

Instead of working a treble in the top of the stitch below, it is worked around the post (stem) of the stitch below to create a raised effect. Here, this appears on the right side and is worked on a right-side row.

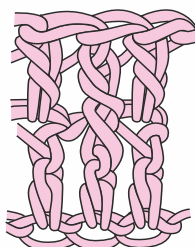
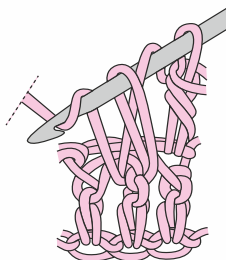
**1** Yarn round hook. Holding the hook in front of the work, insert it under the stitch below and bring



it out at the front on the other side of the stitch.

**2** Yarn round hook again and pull a loop through. Yarn round hook again.

**3** Pull it through two loops, yarn round hook and pull it through two loops to complete the treble stitch.

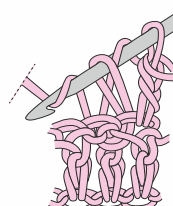
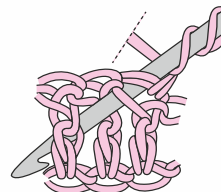


### Raised treble from the back (trb)

To create the same effect on the right side, but working it on a wrong-side row, the treble must be made from the back.

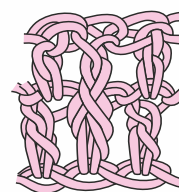
**1** Yarn round hook. Inserting the hook from the back of the work under the stitch below, take it in front of the stitch and out at the back.

**2** Yarn round hook again and pull a loop through (this



may require manipulation). Yarn round hook again.

**3** Pull it through two loops, yarn round hook and pull it through two loops to complete the treble stitch.



### Raised double trebles (dtrf and dtrb)

The principle is exactly the same as for trf and trb, except that the yarn is taken round the hook twice before being inserted from the front or back. Complete like a double treble.





## COOL SHOES TEMPLATE

PAGE 29



## MOSAIC NUMBER PLAQUE

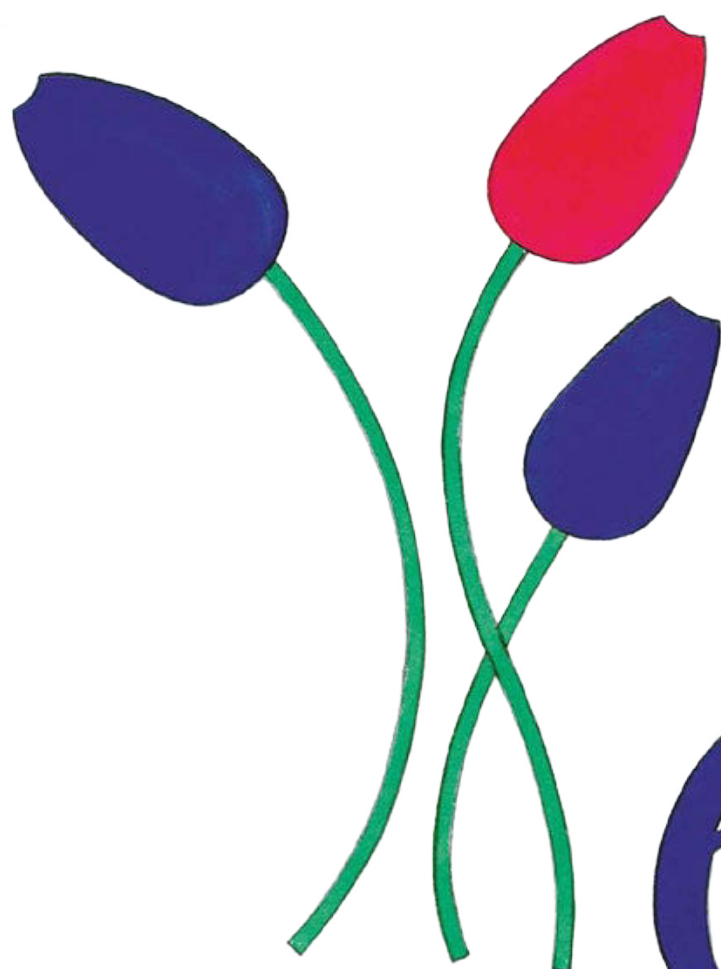
PAGE 33

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photocopier  
by 200%

0 1 2

3 4 5

6 7 8 9







# CALL OF THE SEA CROSS-STITCH CHART

PAGE 34-36



## Key for chart

### Cross stitch

Each coloured square represents one cross-stitch worked with two strands of thread in the following colours:



DMC 433



DMC 321



DMC 349



DMC 3776



DMC 922



DMC 738



DMC 729



DMC 758



DMC 797



DMC 793



DMC 3760



DMC 518



DMC 334



DMC 3761



DMC 598



DMC 597



DMC 564



DMC 822



DMC 415



DMC 318



DMC 317

### Backstitch

The solid lines represent backstitch worked with one strand of thread in the following colours:



DMC 321



DMC 433



DMC 317



DMC 797



DMC 741







# RELAXING READING FLOOR CUSHION

PAGE 51

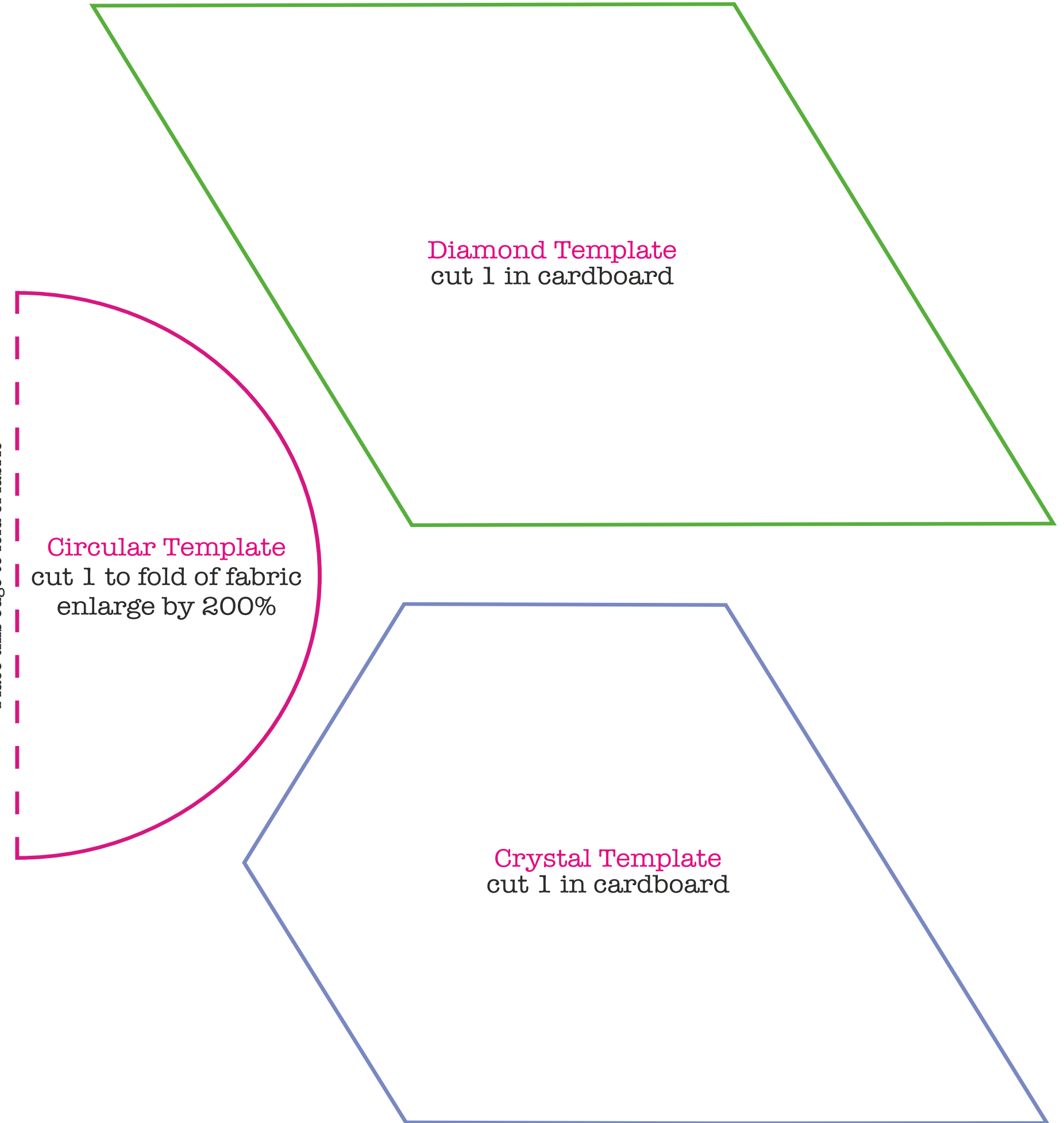
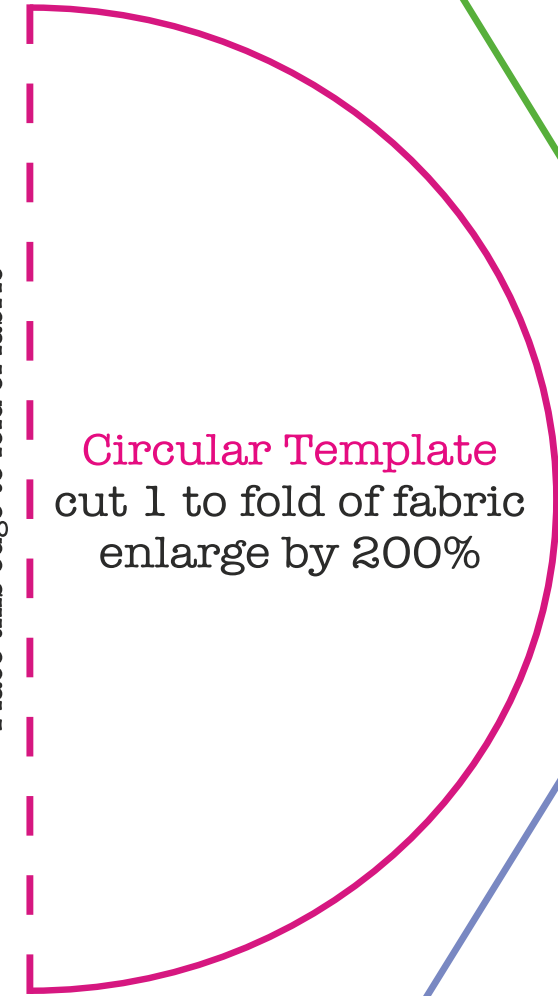
Diamond and crystal templates  
shown actual size. Enlarge circular  
template by 200%

Diamond Template  
cut 1 in cardboard

Circular Template  
cut 1 to fold of fabric  
enlarge by 200%

Crystal Template  
cut 1 in cardboard

Place this edge to fold of fabric



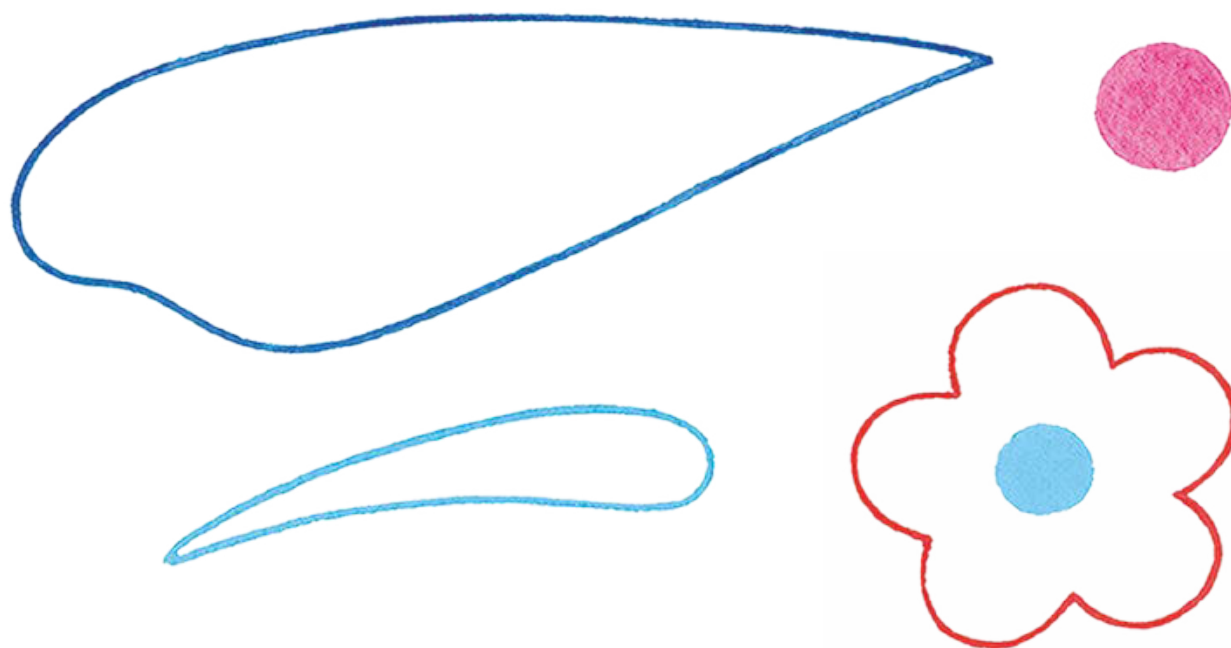




## APPLIQUED BIRD CUSHIONS

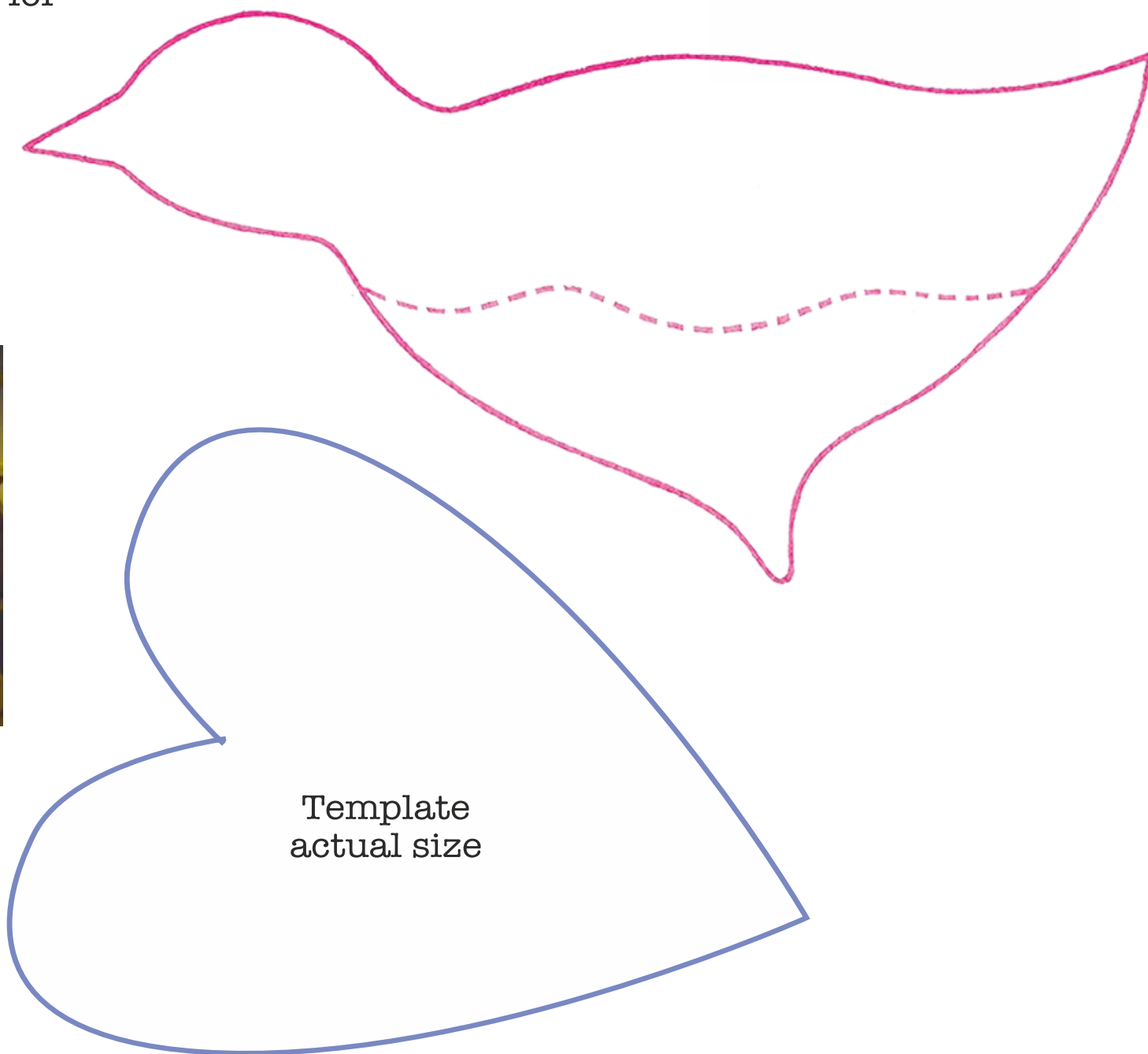
PAGE 48

Templates actual  
size for small birds.  
Enlarge by 115% for  
large single bird



## HEART TABLE CLOTH WEIGHTS

PAGE 12



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# Over To You...

What you are doing, sharing and making this month



## FACEBOOK FEEDBACK

**We asked:** How would you describe your dream craft room?

**Andia Reynolds:** A studio in the garden! Filled with lots of light  
My happy place!

**Cas Thoburn:** A painted shed in my garden; radio, sewing machine out permanently, big kitchen table, shelves, drawers and two cat beds for Monty and Beau. Bliss!

**Elaine Pannell:** Elastic walls!

**Jenni Pitt:** Completely soundproof so I can't hear the kids and husband moaning. And with a big lock on the door, so no one else can get in!

**Barb Webb:** At the moment I would settle for a room I could get into... the room I have is so full my granddaughter calls it 'The Storeroom.'

**We asked:** What's been your biggest crafting disaster?

**Julie Caines:** The skirt I made at school. I wasn't used to ironing and forgot to check the temperature so, in slow motion, I saw the fibres of my skirt melting. Worst of all, the teacher held it up to show everyone!

**Jane Skellam:**  
A hat for my granddaughter that didn't fit her but was perfect for me!

**Sharon Coles:** Sitting on a No. 8 knitting needle, I still have the scar to prove it!

**Patricia Gilliland:**  
The dress I made in Domestic Science class at school...it looked like a prison outfit!



### Pattern appeal

Can there be anything lovelier than a homemade gift? We think Pat Mitchell's quilt she made for her daughter's birthday is gorgeous. The use of bright masquerade patterned fabrics works really well pieced with the black background fabric and it's been expertly stitched together.



### Reels of ribbon

Ribbon and rag wreaths are great projects to use up crafting scraps and Jennifer McCorkell must have had an abundance of ribbon to make this colourful version. Using a mixture of matching and contrasting ribbons, Jennifer's put her personal stamp on this fab decoration.

**We'd love to hear from you, so please get in touch!**

## Brand-new Video Tutorials

Check out the *Woman's Weekly* website for a whole host of 'how-to' videos on making cushions, bags, and more! Sew along to our step-by-step guides and you'll never sew a stitch wrong. From basic projects to help build up your confidence to the more advanced techniques, there's something for every seamstress and crafter online. See our reversible bag project at [womansweekly.com/tote](http://womansweekly.com/tote).



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